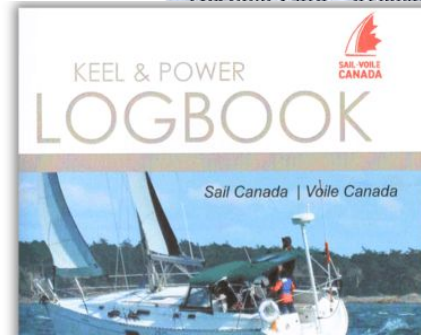


Basic Cruising



www.tc.gc.ca/boatingsafety

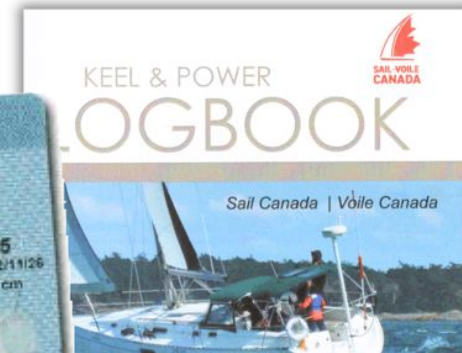
20250702



Requirement to carry Proof of Competency

In your motorized boat:

- Proof of competency –
Basic Cruising or Pleasure Craft Operator Card
other - Toronto Harbour requires a harbour permit - PVOP**
- Personal identification
- Pleasure craft licence (for 10hp or more)



[Proof of Competency List](#)

Basic Cruising



A vessel used for anything other than pleasure, recreation is a non-pleasure (commercial) vessel.

<https://tc.canada.ca/en/marine-transportation/marine-safety/non-pleasure-vessel-pleasure-craft#daily>



SAILING VESSEL

an engine is not used

PLEASURE CRAFT

not for hire or for profit



POWER DRIVEN VESSEL

propelled by machine

RESPONSIBLE BOATING

What is Involved in Responsible Boating?

- Seaworthiness & Safe Equipment
- Capabilities of the Crew
- Safe Operation
- Knowledge of Weather
- Knowledge of Local Hazards
- Recording of Sail Plan
- Relevant Publications
- Navigation
- Stop and Offer Assistance
- Report Incidents if injury occurred or alcohol involved
- Avoidance of Pollution

[Link to boating education and safety.](#)

RESPONSIBLE BOATING - *Relevant Legislation*

1. **Canada Shipping Act 2001 (and regulations)**
2. **Federal Contraventions Act**
3. **Vessel Operation Restriction Regulations**
4. **Charts and Nautical Publications Regulations**
5. **Collision Regulations (Colregs)**
6. **Small Vessel Regulations ([SVR](#))**
7. **Criminal Code of Canada**
8. **Others such as Environmental Legislation**

Vessel Operation Restriction Regulations

- Must be familiar with the waterways and any regulations that apply
- Limit vessel speeds to 10 km/hr within 30 metres of shore
- Limits for persons under 16 years of age with proof of competency:

Age	Horsepower Restrictions
Under 12 years of age - no direct supervision	May operate a boat with up to 10 hp (7.5kw)
Ages 12 to 16 - no direct supervision	May operate a boat up to 40 hp (30kw)
Under 16 years of age, regardless of supervision	May <u>not</u> operate a Personal Water Craft
16 years of age or older	No horsepower restrictions

LEGAL ISSUES

Collision Regulations

Know and comply with these regulations



Charts and Nautical Publications Regulations

Must carry charts - exempt ONLY if operator is very familiar with the waters he is navigating



Small Vessel Regulations

- carry required safety equipment
- stipulate that all vessels must be equipped with mufflers within 5 nautical miles of shore

LEGAL ISSUES

Criminal Code of Canada

required - provide assistance when involved
in an accident

Offences:

- operate vessel which is unseaworthy
- operate vessel in a manner dangerous to the public.
- no look-out for person being towed.
- tow person after dark.
- operate vessel while impaired. .08 blood alcohol applies. You can lose your boat and driver license.
- send false messages or interfere with marine signals
- tie to buoy or navigational aid



LEGAL ISSUES

Canada Shipping Act

- **must render assistance** to a person or vessel in danger without endangering own crew or vessel
- failure to comply with the Collision Regulations

Federal Contraventions Act

- allows City or Provincial police authorities issue tickets to boaters who contravene these acts, regulations or codes - **includes taking points or suspending driving licenses.**

Boating Restrictions Regulations

- establishes restrictions such as prohibited vessels, speed limits and engine power limits
(example: Toronto Harbour regulations)

LEGAL ISSUES

ENFORCEMENT OFFICERS

Designated enforcement officers **include**
RCMP, provincial, local, and harbour police



Blue flashing light is an all-round light
shown by vessels on official business

An enforcement officer may inspect a pleasure craft



TAKING YOUR VESSEL INTO US WATERS

Reporting Requirements

Operators of small pleasure vessels arriving in the United States from a foreign port or place are required to report their arrival to CBP immediately.

[Pleasure Boat Reporting Requirements | U.S. Customs and Border Protection - link here.](#)

Requirements may vary depending on the nationality of the crew



Returning to Canada – [Reporting requirements for private boaters](#)

This page summarizes important information for private boaters who are navigating Canadian waters or hoping to enter Canada by boat.

RESPONSIBILITIES OF SKIPPER

- ***SAFETY OF THE CREW***
- ***SAFETY OF THE BOAT***
 - a. Assess the competence of the crew and monitor the safety of the crew
 - b. Explain to crew effects of sunlight, boat motion, wind and alcohol
 - c. Communicate plans for the trip and
 - d. Provide training in safety equipment and necessary boat systems
 - e. Give clear directions in event of emergency
 - f. Assess and monitor the seaworthiness of the boat

RESPONSIBILITIES OF CREW

- ***FOLLOW DIRECTIONS OF THE SKIPPER***
 - a. **Alert the Skipper to any Potential Hazards or Emergency Situations**
 - b. **Understand what action to take if Skipper becomes incapacitated**



VESSEL COMPLIANCE - LICENSING AND REGISTRATION

PROOF OF LICENSE OR REGISTRATION MUST BE CARRIED ON BOARD WHEN VESSEL IS BEING OPERATED

LICENSING - Service Canada

- identification system - not proof of ownership
- Required if 10HP+, and not registered
- Free - Forms available online, or at
- Markings must be in contrasting colour, block, at least 7.5cm high displayed on both sides of the bow
- Information must be kept up to date and is valid for 10 years. Renewal at 10 years.



REGISTRATION - Transport Canada

- Is proof of ownership
- Markings must be in contrasting colour, at least 10.3cm high

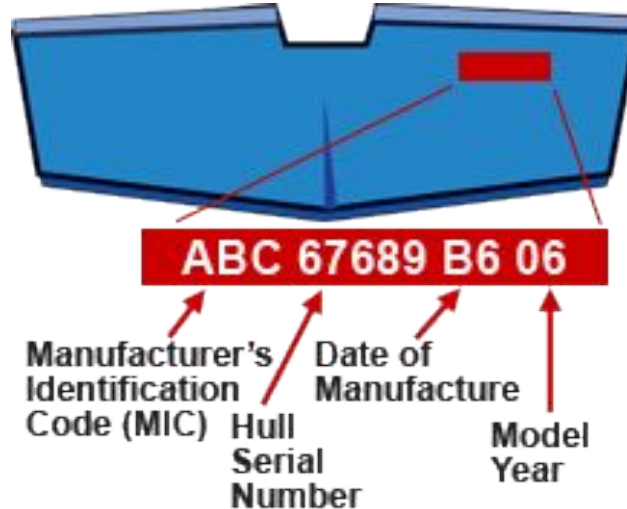
National Shipping Authority can take control during time of national crisis.

- Requires Survey
- Expensive



HULL IDENTIFICATION NUMBER (HIN)

1. HIN uniquely identifies a vessel manufactured after 1981 and is used by police in identification of stolen vessels
2. HIN must be permanently fixed on the outboard starboard side of the transom and a duplicate fixed in an unexposed location in the interior



COMPLIANCE NOTICE / CAPACITY PLATES

All pleasure boats sold in Canada after 1981, under 24 M in length, and capable of being fitted with engine must display a Compliance Notice.

If under 6 m in length, the plate must be permanently attached and show:

1. Recommended engine power
2. Maximum number of persons onboard
3. Total gross load - maximum kilograms (including persons, gear, stores, fuel, etc.)

(Above is calculated for fair weather based on low, evenly distributed load)

CANADIAN COMPLIANCE NOTICE AVIS DE CONFORMITÉ CANADIEN MAXIMUM RECOMMENDED SAFE LIMITS LIMITES MAXIMALES DE SÉCURITÉ RECOMMANDÉES

		XXXX kg XXXX lbs/lb			
	+		+		XXXX kg XXXX lbs/lb
		XX kW XX HP			XXXX kg XXXX lbs/lb

THE MAXIMUM RECOMMENDED SAFE LIMITS MIGHT HAVE TO BE REDUCED IN ADVERSE SEA AND WEATHER CONDITIONS.

LES LIMITES MAXIMALES DE SÉCURITÉ RECOMMANDÉES PEUVENT DEVOIR ÊTRE RÉDUITES DANS LES CONDITIONS DE MER ET DES CONDITIONS MÉTÉOROLOGIQUES DIFFICILES.

* ADDITIONAL INFORMATION

SAFEBOAT COMPANY INC. (MIC)

CITY, PROVINCE, COUNTRY

MODEL / MODÈLE: RUNABOUT 555X

THE MANUFACTURER DECLARES THAT THIS PRODUCT COMPLIES WITH THE CONSTRUCTION REQUIREMENTS OF THE SMALL VESSEL REGULATIONS AS THEY READ ON THE DAY ON WHICH THE CONSTRUCTION OF THE VESSEL WAS STARTED OR ON THE DAY ON WHICH THE VESSEL WAS IMPORTED.

L'ÉLABORATEUR ATTESTE QUE CE PRODUIT EST CONFORME AUX EXIGENCES DE CONSTRUCTION DU RÉGLEMENT SUR LES PETITS BÂTIMENTS EN VIGUEUR À LA DATE DU DÉBUT DE SA CONSTRUCTION OU DE SON IMPORTATION.



REQUIRED SAFETY EQUIPMENT (all vessels)

One APPROVED lifejacket or PFD for each person

- *Must be appropriately sized*
- *Test a PFD by entering water until chest deep then bend*
- *Inflatable PFDs must be worn at all times*
- *Inflatable PFDs not approved if under 16 years or weighing less than 80 lbs*
- *Inflatable PFDs not approved for sailboards or personal watercraft, for white-water sports or kayaking*

A lifejacket will turn you to keep your face out of the water, even if you are unconscious. A PFD may not do this.



Approved by:

- Transport Canada or
- Canadian Coast Guard or
- Fisheries and Oceans Canada

REQUIRED SAFETY EQUIPMENT

(all vessels)

***One REBOARDING DEVICE if
Deck is more than 0.5 M
above the water (freeboard)***

- *A transom ladder or swim platform ladder meets this requirement.*
- *On smaller vessels it is more convenient to use a rope ladder*



REQUIRED SAFETY EQUIPMENT *(all vessels)**

BUOYANT HEAVING LINE, at least 15 meters

Remember to keep it neatly coiled

** Not required for operators of PWC, sailboards and paddle boats
as long as operator is wearing a lifejacket or PFD.*

A buoyant heaving line is approved for use as long as it:

- floats;
- is in good condition;
- is made of one full length of rope, not many shorter ropes tied together;
- is long enough for the boat you will be using; and
- **is used only as safety equipment so that it is easy to find and use in an emergency.**



REQUIRED SAFETY EQUIPMENT (vessels over 6 m up to 12 m)*

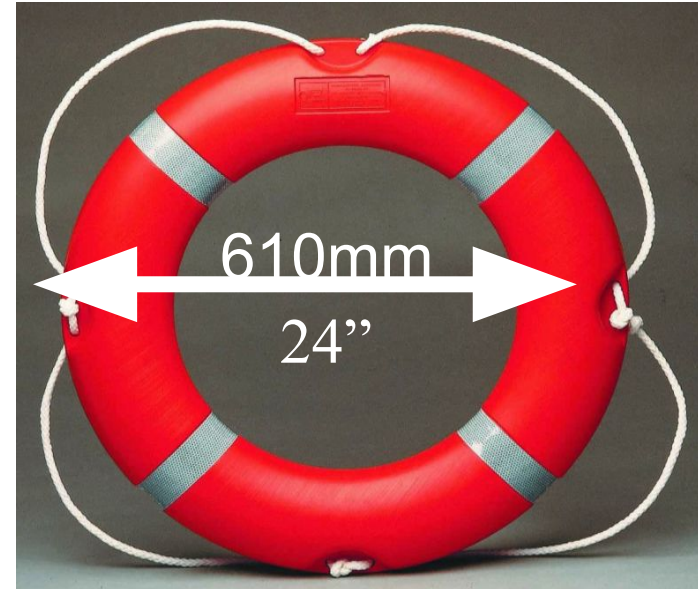
LIFEBUOY, 610mm (24") diameter with 15 meters of buoyant line.

- look for a Transport Canada approval stamp or label
- Smaller lifebuoys and horseshoe-type devices are NOT approved.

Not required on 6 – 9 M vessel as long as buoyant heaving line carried

If vessel 12 – 24 M - One (1) lifebuoy equipped with a self-igniting light or attached to a buoyant line at least 15 m (49'3") long

If vessel over 24 M - Two (2) SOLAS (30" diameter) lifebuoys, of which: one (1) is attached to a buoyant line at least 30 m (98'5") long; and one (1) is equipped with a self-igniting light



REQUIRED SAFETY EQUIPMENT

(most vessels)

BAILER or MANUAL BILGE PUMP

Vessels over 9M may have manual bilge-pumping arrangements – they are the fastest way to remove water.

If a manual then pump and **hose must be long enough** to reach the bilge and discharge water over the side of the boat.

A bailer or bilge pump is **not required** for boats that can not hold enough water to make it capsized – examples are sit-on kayaks and pontoon boats.

* Not required for operators of PWC, sailboards and paddle boats as long as operator is wearing a lifejacket or PFD



- hold at least 750 ml (3 cups);
- have an opening of 9 cm (3.5") diameter or more; and
- be made of plastic or metal.



REQUIRED SAFETY EQUIPMENT

WATERPROOF FLASHLIGHT.

Check batteries before every trip.
It may be your only way to signal
for help.



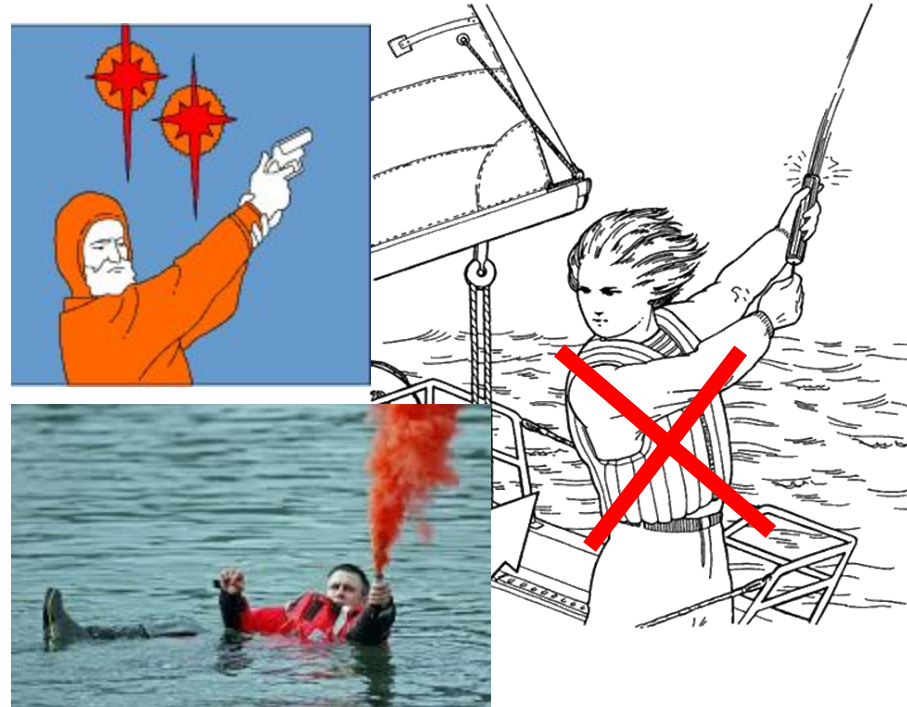
REQUIRED SAFETY EQUIPMENT

- **FLARES**

You may use flares only in an emergency when you believe there is a chance of it being seen.

Always read the manufacturer's instructions before you use flares.

Fire aerial flares at an angle into the wind. In strong wind, lower the angle to 45 degrees, at most.



REQUIRED SAFETY EQUIPMENT

Rocket Parachute Flare – Type A

- ***Parachute flare is single red star***
- ***Flare reaches height of 300 M and burns at least 40 seconds as it descends slowly***



REQUIRED SAFETY EQUIPMENT

Multi-StarFlares – Type B

***Reaches height of 100 M and
burns for 4 – 5 seconds***

- creates two or more red stars;
- reaches a height of 100 m, is easily seen from the ground or air;
- each burns for four or five seconds.

***If it is a single star cartridge - must fire a second
single star within 15 seconds. This means you
need double the number of cartridges***



REQUIRED SAFETY EQUIPMENT

Hand Held Flares – Type C

- red flame torch that you hold in your hand;
- provides limited visibility from the ground;
- best used to help air searchers locate you; and
- burns for at least one minute.

When lighting the flare, hold it clear of the boat and downwind. Do not look directly at the flare while it is burning.



REQUIRED SAFETY EQUIPMENT

Smoke Flares – Type D

- creates a dense orange smoke for:
 - ✓ three minutes (buoyant);
 - ✓ Or 50 seconds (hand-held);
- is to be used only in daylight.

Position your smoke signal downwind and follow the directions carefully.



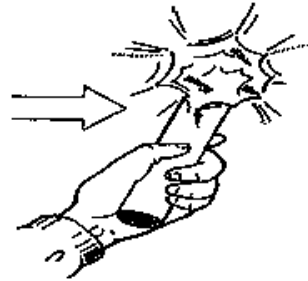
REQUIRED SAFETY EQUIPMENT - FLARES



Type A
Parachute Flares



Type B
Multi Star Flares



Type C
Hand Held Flares



Type D
Smoke Flares

- *Flares must be stamped with the date of manufacture*
- *can not be more than 4 years since date of manufacture*
- *Must have a Transport Canada approval stamp*
- **Store flares in a cool, dry, accessible and unlocked location**

REQUIRED SAFETY EQUIPMENT – FLARES

Varies with the length of the vessel

- * 6 m. to 9 m. vessel – six (6) flares – A,B or C, not more than two are smoke signals (s205 svr)
- * 9 m. to 12 m. vessel – twelve (12) flares – A, B, C or D - no more than six to be smoke flares (D)
- * **validity: 4 years** from date of manufacture stamped on the flare

if carrying a means of two-way communication, PLB or EPIRB – flare compliment reduced by up to 50% but no more than ½ can be smoke flares (type D)

Pyrotechnic distress signals are not required to be carried on board a pleasure craft that

- (a) is operating on a river, canal or lake in which it can at no time be more than one nautical mile from shore; or
- (b) has no sleeping arrangements and is engaged in an official competition or in final preparation for an official competition. (s 213 (2) SVR)

REQUIRED SAFETY EQUIPMENT

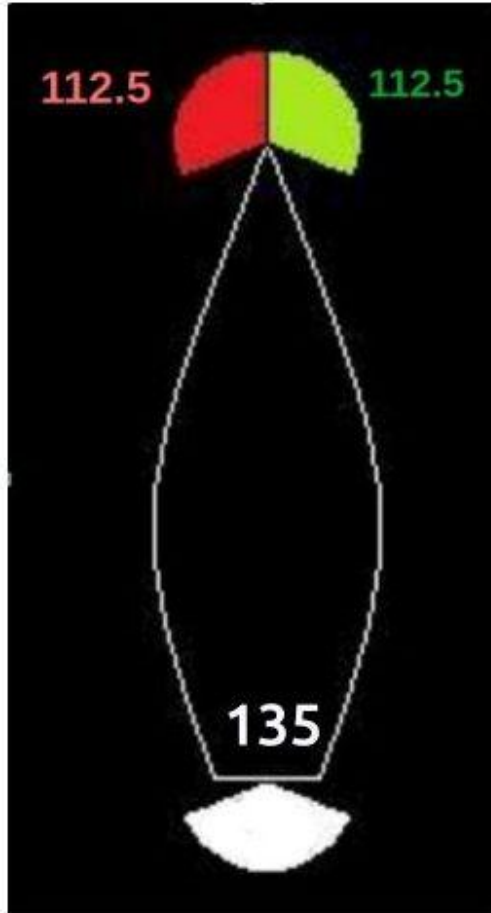
SOUNDING DEVICE – Required on all vessels

Whistle, air horn or an electric horn

required - under reduced visibility (fog, mist...)	
under sail	<i>One long, two short every, 2 minutes or less</i>
under power	<i>One long, every 2 minutes or less</i>

Maneuvering - Sound Signals (Great Lakes Modifications)		
Vessel Action	Signal	Reply
One short	altering to starboard	One short
Two short	altering to port	Two short
Three short	Operating in reverse	
Five short (or more)	Danger / Doubt - "I do not understand your intentions"	Disagree 5 short
Continuous (any sound)	Distress	



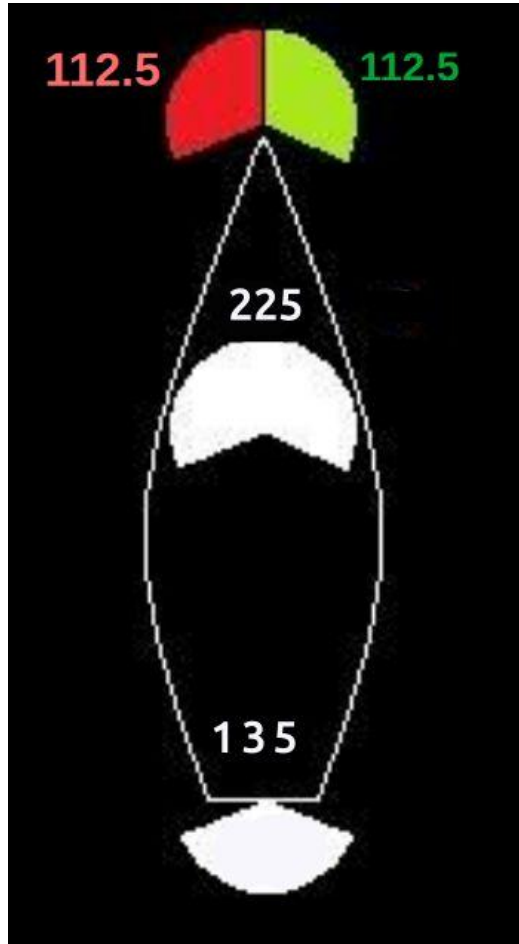


**REQUIRED
SAFETY
EQUIPMENT**

**sailing
vessel less
than 20m**

required sunset to
sunrise or in
restricted visibility

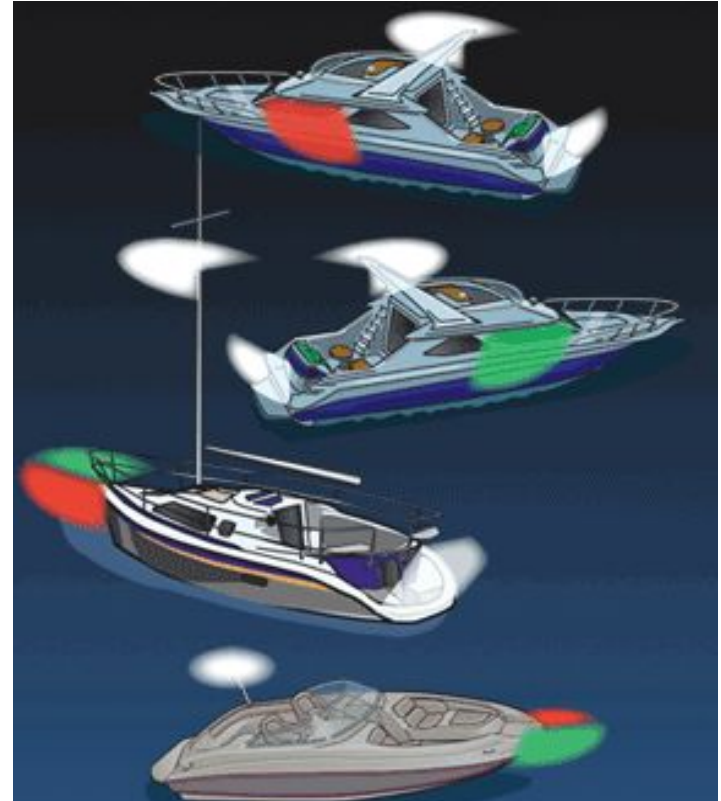




REQUIRED SAFETY EQUIPMENT

**power
vessel less
than 20m**

required sunset to
sunrise or in
restricted visibility



An all around white light at the stern can be substituted for 2 white lights when not over 12 m.

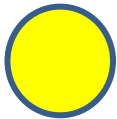
REQUIRED SAFETY EQUIPMENT - LIGHTS



Human powered boats - **white flashlight or lantern** to use far enough in advance to prevent a collision



Boats at **anchor** display an **all-round white light** at night



Towing light is a yellow light on the stern of the towing vessel

caution must be exercised - **STAY WELL AWAY**



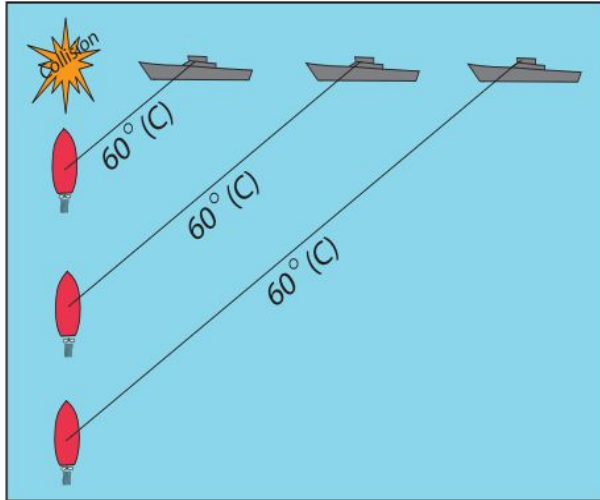


Not required if vessel less than 8 M and operated within sight of navigation marks

REQUIRED SAFETY EQUIPMENT

MAGNETIC COMPASS

- Accuracy affected by magnetic or electrical influences - cell phones, radios, iron, metal containing iron – stainless steel, tools...
- Not affected by aluminum, bronze, or brass, special stainless steel



Risk of collision exists if the compass bearing to the other vessel remains constant.

Used to find heading (direction).

Can be used to sight a vessel at night, and determine risk of collision.

REQUIRED SAFETY EQUIPMENT

RADAR REFLECTOR

Use and Limitations of Yacht Radar Reflector

- **Hoist reflector as high as possible**
- Radar reflection strongly related to size of vessel or reflector
- Sea state and weather limit effectiveness
- Angle of reflector to radar limits effectiveness
- **“Blanketing” by wet sails limit effectiveness**
- **Dry sail will not affect the effectiveness**

Not required for vessels under 20 M if operated away from radar navigation or boat operates in limited traffic where reflector not essential to safety



REQUIRED SAFETY EQUIPMENT

FIRE EXTINGUISHERS

Human powered, and Sailboards and Kiteboards	Personal Watercraft	Sail or Power up to 6 Mz	Sail or Power over 6 M and not more than 9 M	Sail or Power over 9 M and not more than 12 M	Sail or Power over 12 M
None	One 5B:C but not required if everyone wearing PFD or lifejacket	One 5B:C if equipped with an inboard engine, inboard fuel tank or a fuel-burning appliance	One 5B:C if equipped with a motor, PLUS One 5B:C if equipped with a fuel-burning appliance	One 10B:C if equipped with a motor, PLUS One 10B:C if equipped with a fuel-burning appliance	One 10B:C at all of following locations: At each access to space where stove is fitted; At entrance to any accommodation space; at entrance to any machinery space



REQUIRED SAFETY EQUIPMENT

FIRE EXTINGUISHERS:

- 10B:C device will put out a larger fire than a 5 B:C device
- All marine fire extinguishers must be certified and labeled by the US Coast Guard or Underwriters Laboratories of Canada (ULC) or Underwriters Laboratories, Inc (UL)
- Check you fire extinguishers often for correct operating pressure and make sure you know how to use them.



About once a month take dry chemical devices out of their bracket and **give them a few hard shakes in an upside down position** to keep the contents loose

Fire extinguishers must be kept in convenient and accessible locations

REQUIRED SAFETY EQUIPMENT

TYPE A:

Fights combustible solids like wood, cloth, plastic and paper



TYPE B:

Fights flammable liquids such as gasoline, oil, grease



TYPE C:

Fights electrical fires



Note: Typical rating: 1A5BC 2A10BC – so most effective on B and C fires

POTENTIAL SOURCES OF FIRE ON A BOAT

- Fuel for the engine
- Fuel for the Stove
- **Hydrogen Gas from the Battery**
- **Methane gas from the head holding tank**
- Electrical



Other fire safety needs:

How do you reduce the risk of fire or explosion?

Use carbon monoxide detectors !

REQUIRED SAFETY EQUIPMENT

ANCHOR

Sailboards, Kiteboards and Personal Watercraft	Anchor with 15 M line OR manual propelling device*
Sail and Powerboats up to 9 M	Anchor with 15 M line OR manual propelling device
Sail and Powerboats over 9 M and up to 12 M	Anchor with 30 M line
Sail and Powerboats over 12 M	Anchor with 50 M line



Different anchors are used depending on the sea bottom

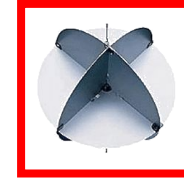


When anchoring overnight it is prudent to have the total length of the anchor line **at least 5 times the height of the vessel bow from the sea bottom**

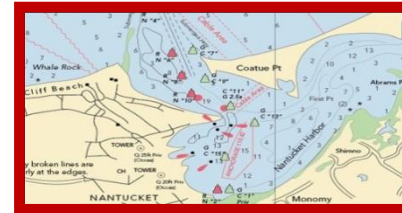
* Not required if everyone wearing PFD or lifejacket

Recommended (not required) Safety Equipment

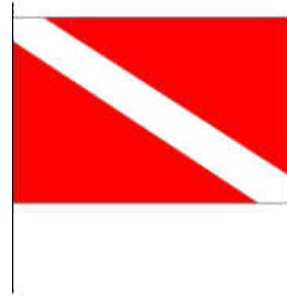
- Legal: (often required) – charts, compass, radar reflector, list of lights and buoys, list of radio aids, chart 1
- Other
 - Safety harness + tether + jack line
 - GPS
 - VHF radio (*reduces required # flares)
 - Chart plotter
 - Extra anchor with rode
 - Depth sounder
 - Lead line
 - Emergency tiller
 - Rigging knife
 - First aid kit
 - Tool kit
 - EPIRB – emergency position indicating
 - SART – search and rescue transponder



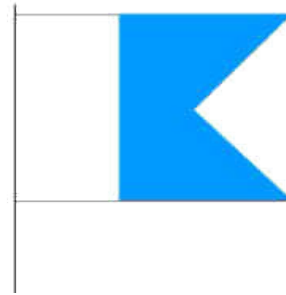
Usually Required



DIVING FLAGS

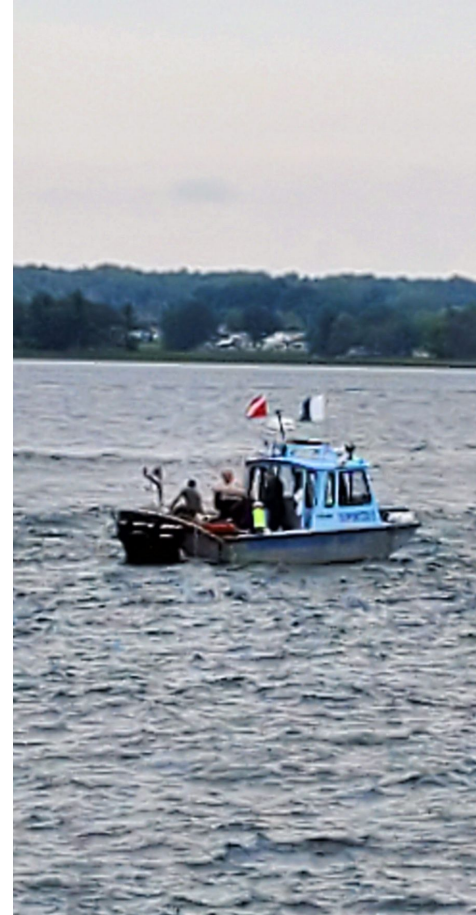


Diver down
Diving in progress



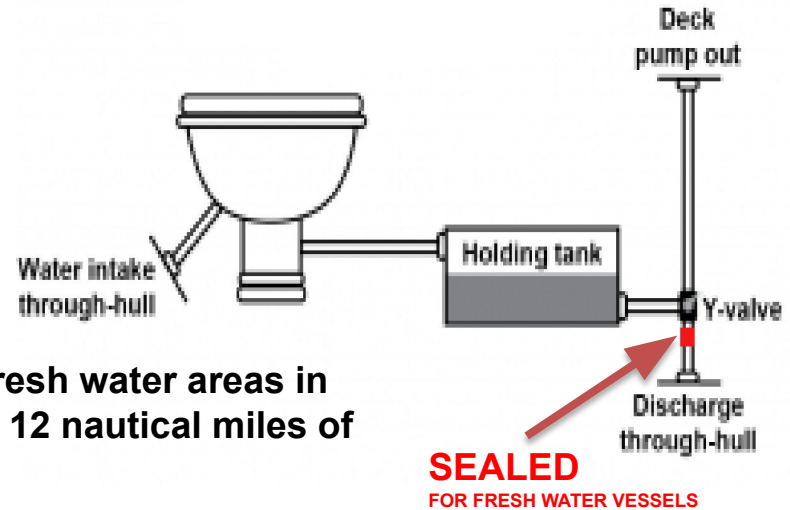
Blue and white
code Alpha flag on
the dive vessel

Keep well away from swimmers and divers!



DISCHARGING WASTE

- Regulations prohibit the discharge of waste, such as oily or toxic wastes, and sewage, from vessels.
 - Discharge of black water (sewage) is prohibited in fresh water areas in Canada as well as in salt water environments within 12 nautical miles of shore.
 - Fresh water vessels must be fitted with black water (toilet) holding tanks that can only be discharged into shore based treatment facilities.
- Even small spills can be damaging, **you must report such discharges immediately to a Pollution Prevention Officer.**



COLLISION REGULATIONS

International Regulations for the Avoidance of Collisions

- **Keep a look out at all times**, using **all available means**
- **Operate your vessel at a SAFE SPEED** as determined by:
 - Visibility (fog, rain, darkness, snow)
 - Wind, weather, water conditions and currents
 - Maneuverability of your vessel
 - Traffic Density and type of vessels in proximity
 - Proximity of Navigation Hazards

- **As soon as it is determined a risk of collision exist, take early and substantial action to avoid collisions –**

Every means available shall be used to determine if risk of collision exists.

COLLISION REGULATIONS

HIGHEST PRIORITY (STAND ON)

- Being overtaken
- Not Under Command
- Restricted in their ability to maneuver (e.g. dredging, laying buoys, work boats)
- Constrained by draft (e.g. freighter entering Toronto Harbour)
- Fishing with nets or trawls that restrict maneuverability
- Sailing (when powered only by sails)
- Power including float planes on the water
- Wing in Ground (uses aerodynamics between wings and water for lift)
- Overtaking

LOWEST PRIORITY (GIVE WAY)

WHEN IN DOUBT GIVE WAY!

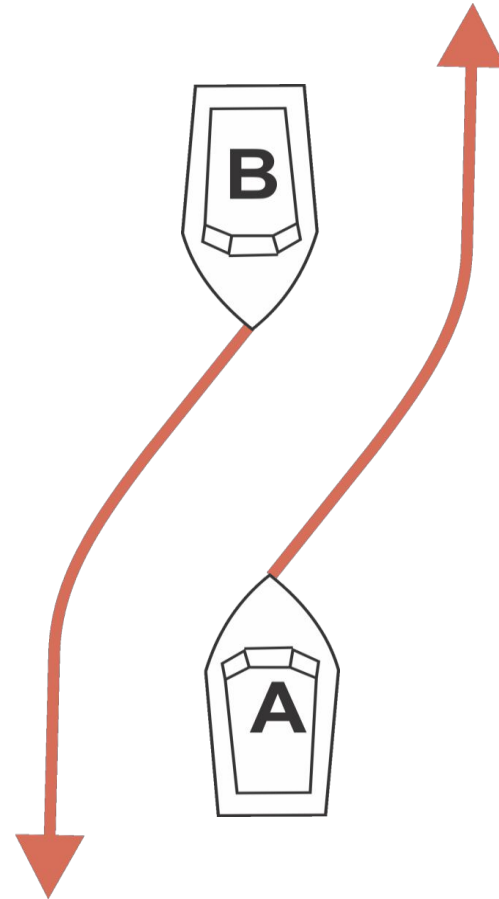
COLLISION AVOIDANCE

TWO VESSELS UNDER POWER

Approaching Head-On

**Both vessels go to starboard
(right) as far as needed for
safety**

signal with one short

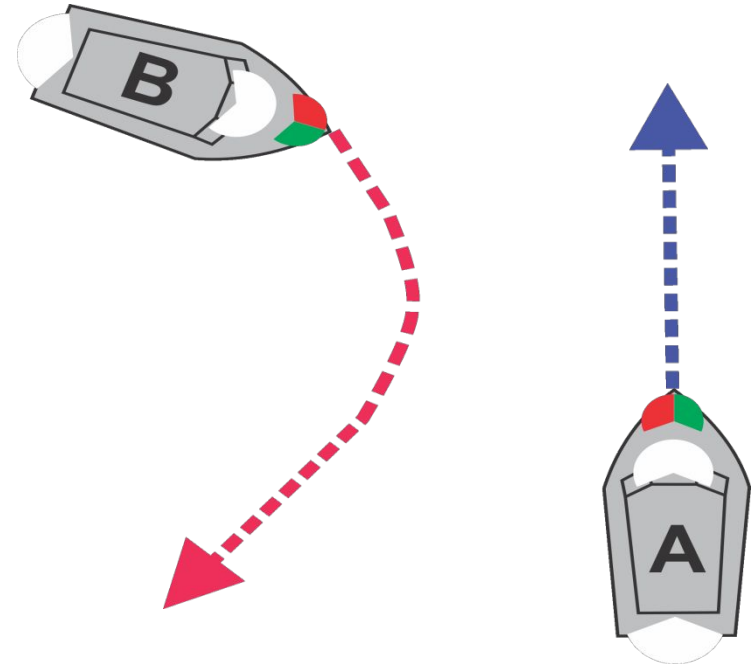


COLLISION AVOIDANCE

TWO VESSELS UNDER POWER

Approaching at an Angle

- a. How can you determine if you are on a Collision ?
- b. Which is the Stand-On Boat?
- c. Which is the Give-Way Boat?
- d. What Action should the Give-Way Boat Take?

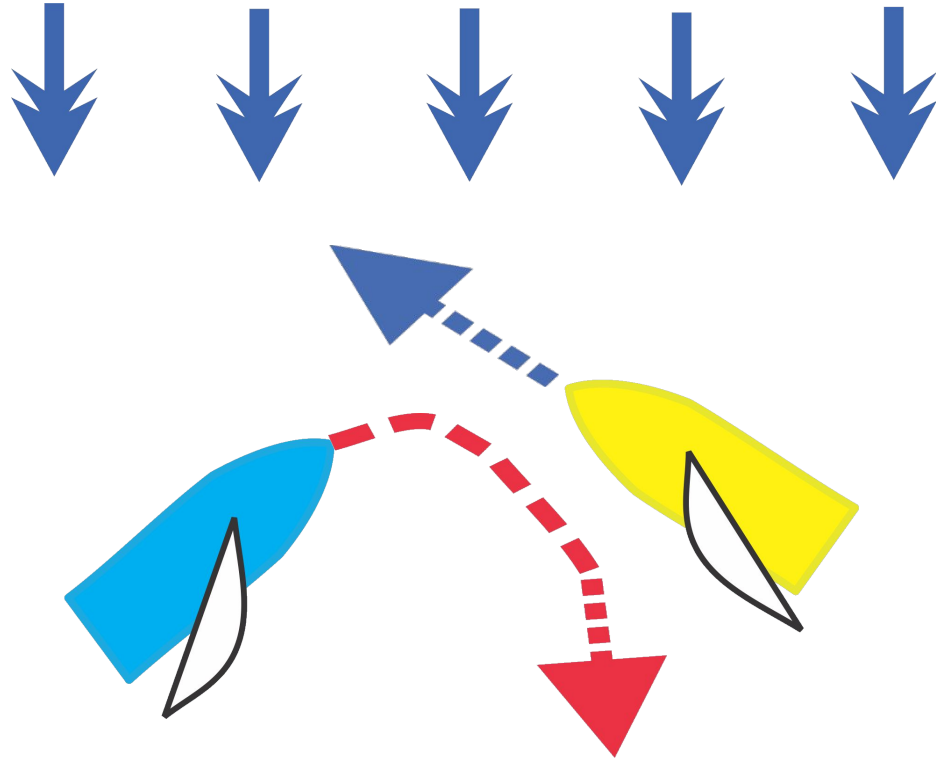


COLLISION AVOIDANCE

TWO BOATS
UNDER SAIL

The boats are on
opposite tack

*Port tack gives
way to
starboard tack*

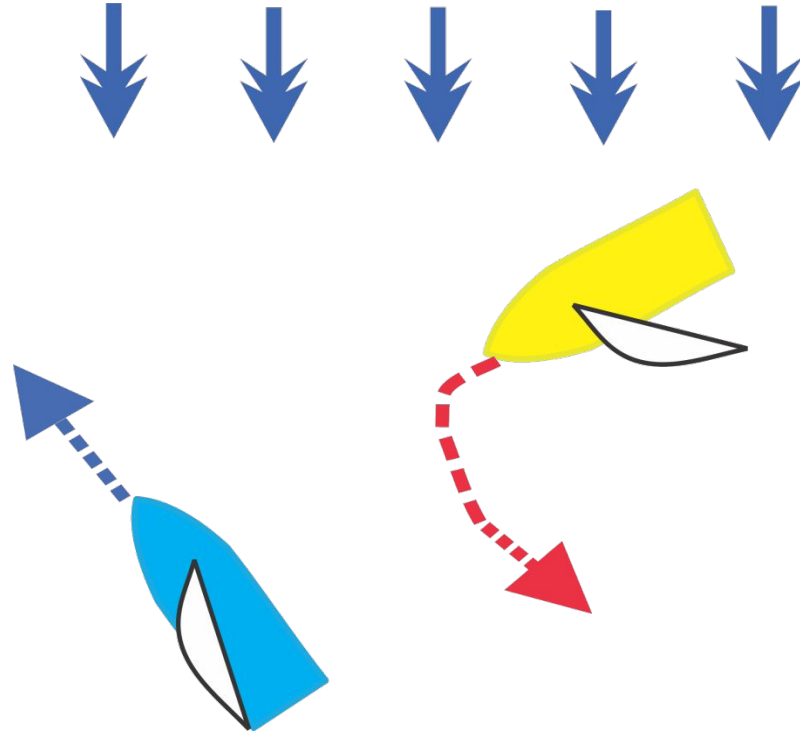


COLLISION AVOIDANCE

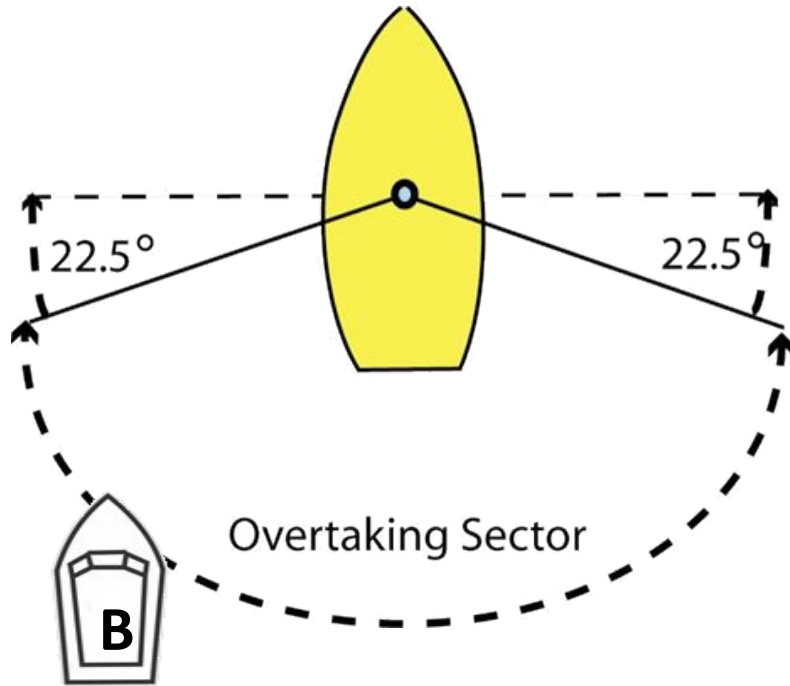
TWO BOATS UNDER
SAIL

Boats on **same**
tack

*Vessel to windward shall
give way to vessel to
leeward*



COLLISION AVOIDANCE - overtaking



A vessel is overtaking when approaching another at 22.5 degrees aft of the beam.

The overtaking vessel is the give way vessel, and must overtake only if this can be done safely

Vessel Action	Signal	Reply
One short	altering to starboard	One short
Two short	altering to port	Two short

signal with two short

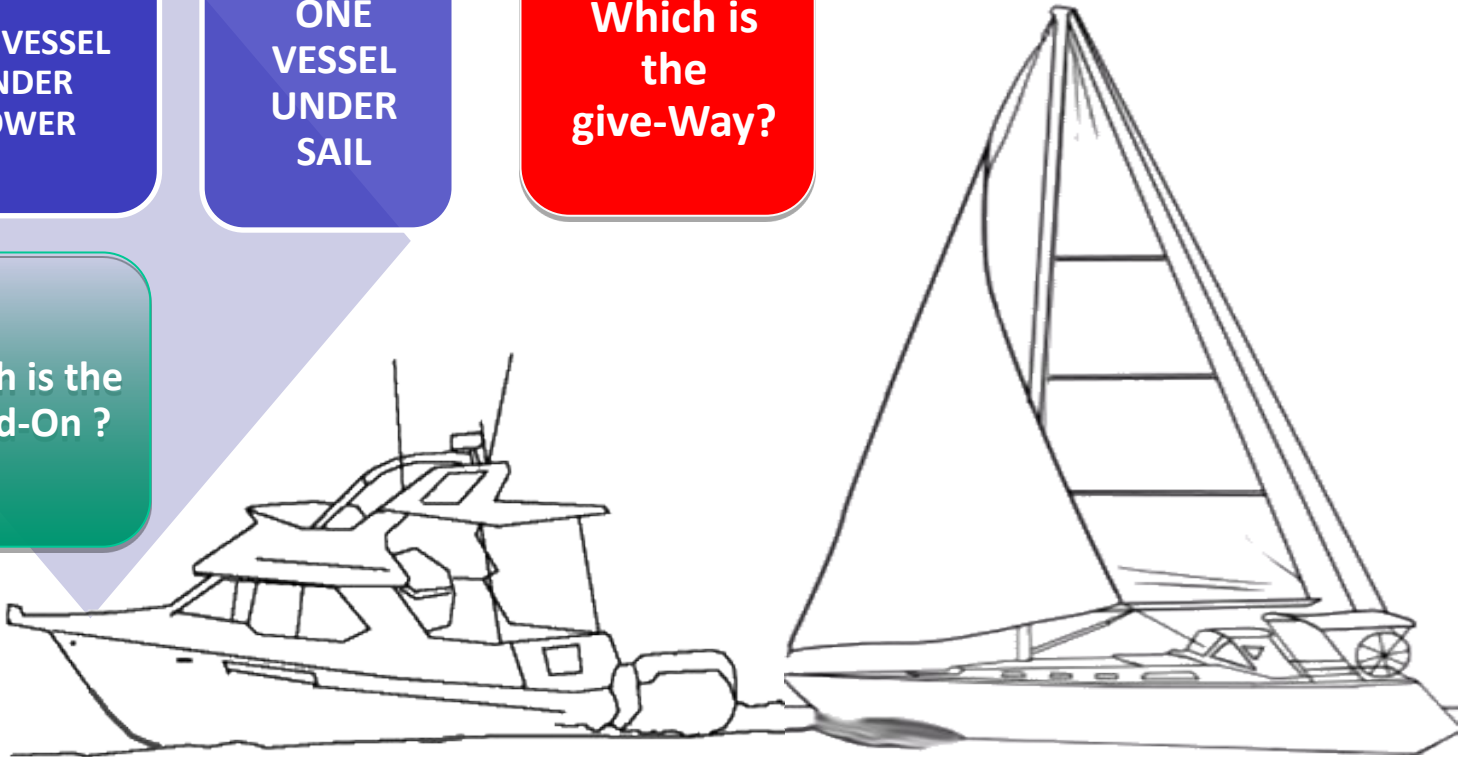
COLLISION AVOIDANCE – power and sail vessels

ONE VESSEL
UNDER
POWER

ONE
VESSEL
UNDER
SAIL

Which is
the
give-Way?

Which is the
Stand-On ?



FISHING VESSELS - *Lights at night*



Trawling



Fishing



Trawler with nets that have come fast
(vessel not under command)

**Stay well
clear**



Fishing vessels have limited maneuverability when engaged in fishing.

WATER SPORTS SAFETY

- TOWING (WATERSKI, WAKE BOARD, TUBE ETC.,)

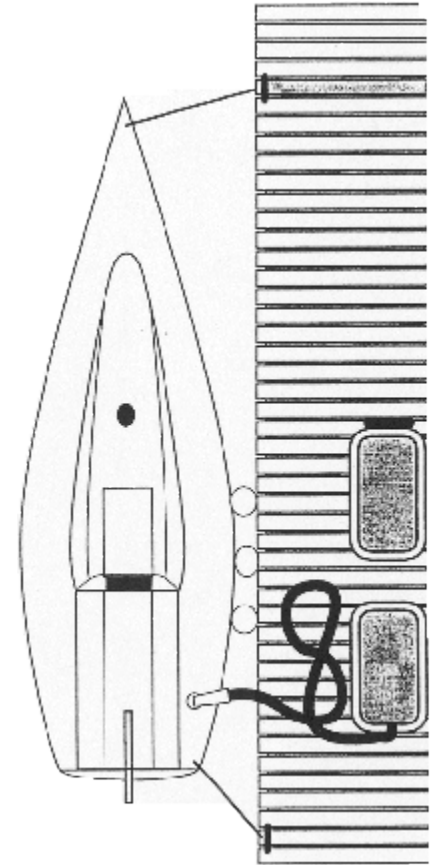
- Must have a **second person** on the boat as observer
- Must be a **seat on towing vessel for each person being towed**



- Towing activities **not allowed from 1 hour after sunset until sunrise**
- Slow near shorelines and busy areas
- Slow in poor visibility
- Avoid swimming areas

REFUELLING PROCEDURES

1. Secure boat to dock
2. Engine off and No smoking
3. Close all hatches
4. Crew ashore
5. Portable fuel tanks removed from boat for filling
6. **Ground fuel nozzle before touching tank opening and hold nozzle firmly against filling pipe**
7. Wipe up spills
8. **Run blower for 4 minutes before starting engine**
9. Check for vapours (odours) before starting engine



Sail Plan

Owner Information

Name: _____

Address: _____

Telephone Number: _____ Emergency Contact Number: _____

Boat Information

Boat Name: _____ Licence or
Registration Number: _____

Sail: _____ Power: _____ Length: _____ Type: _____

Colour _____ Hull: _____ Deck: _____ Cabin: _____

Engine Type: _____ Distinguishing Features: _____

Radio Channels Monitored: _____ HF: ☐ VHF: ☐ MF: ☐

MMSI (Maritime Mobile Service Identity) Number: _____

Satellite or Cellular Telephone Number: _____

Safety Equipment on Board

Lifejackets (include number): _____

Liferafts: _____ Dinghy or Small Boat
(include colour): _____

Flares (include number and type): _____

Other Safety Equipment: _____

Trip Details – Update These Details Every Trip

Date of Departure: _____ Time of Departure: _____

Leaving From: _____ Heading To: _____

Proposed Route: _____ Estimated Date and
Time of Arrival: _____

Stopover Point: _____ Number of People on Board: _____

Great Lakes S&R 1-800-267-7270
Search and Rescue Telephone Number: _____ Toronto Harbour Police 416-808-5800

Sail Plan

1. Why do you have a Sail Plan?
2. How often do you need a Sail Plan?
3. Where do you leave your Sail Plan?
4. What is the Search and Rescue phone number?

PRE-DEPARTURE CHECKLIST

- What is the weather forecast?
- Any local hazards or boating restrictions?
- Do you have maps or charts?
- **All required safety equipment in good working order?**
- Ample reserves of fuel for the trip, or do you plan to refuel?
- Is your VHF radio working properly?
- First Aid kit, basic tools and spare parts?
- Have you completed a Sail Plan and left it with a responsible person?
- Is your drainage plug in place?

Fuel: 1/3 on way out, 1/3 to return, 1/3 safety

Check your boat before every trip

PRE-DEPARTURE LOADING THE BOAT

- **Do not overload boat – check capacity plate restrictions**
- **Position people and gear to evenly distribute weight**
- **Keep load as low as possible**
- **Stow gear in lockers to prevent movement**

Safety Instructions to Crew:

- **Wear PFDs at all times (the most important aid to avoid drowning)**
- **Warn of effects of motion, waves, sunlight, wind, alcohol**
- **Review emergency procedures**
- **Location of emergency equipment**
- **Stay low in boat at all times+**

SPEED & CONTROL WHEN UNDERWAY

- **Wake and wash must be controlled so as not to affect other users of the waterway e.g. boats at anchor, rowboats, canoes, swimmers, wetlands, docks etc.**
- **Slow down in bad weather to maintain control**
- **High speed increases stopping distance**
- **Motion of boat, sunlight, waves, wind and alcohol will affect ability to operate a boat**

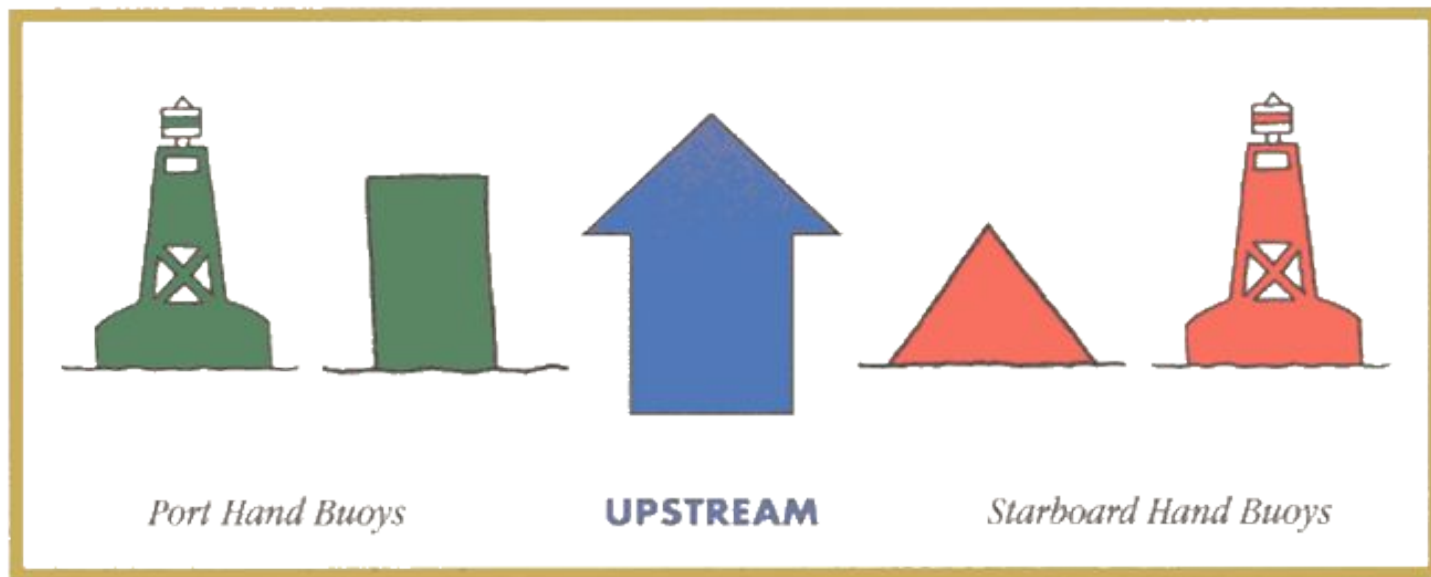


AIDS TO NAVIGATION

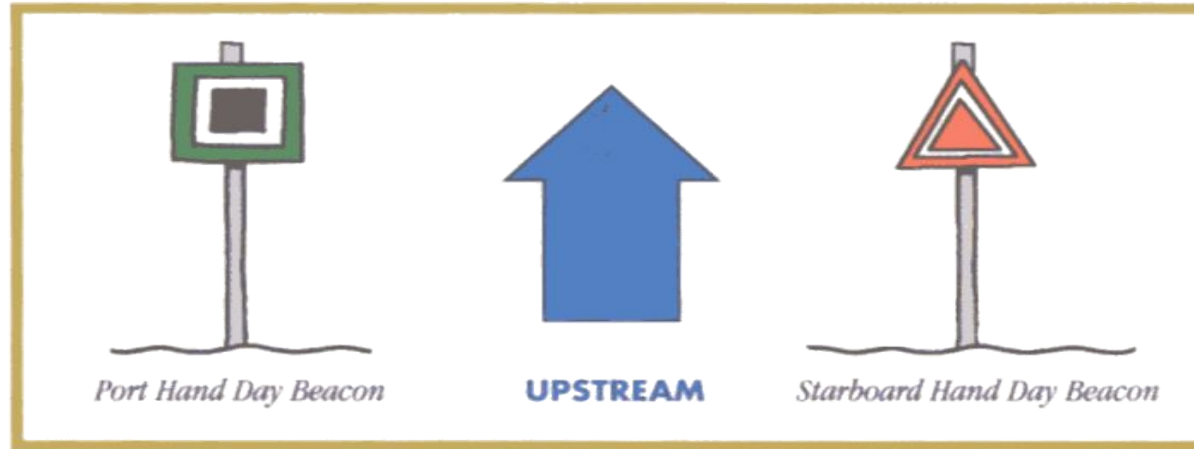
Any natural or man-made object, external to the boat, which aids in determining position, warns of danger or obstruction, and advises best or preferred route or



AIDS TO NAVIGATION



AIDS TO NAVIGATION

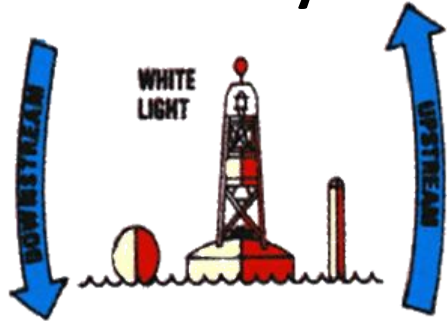


DAY BEACONS

Placed on Land - Not usually Lit

AIDS TO NAVIGATION

Fairway Buoy



Marks channel entrance,
pass to the right

Red and White vertical



Isolated Danger Buoy



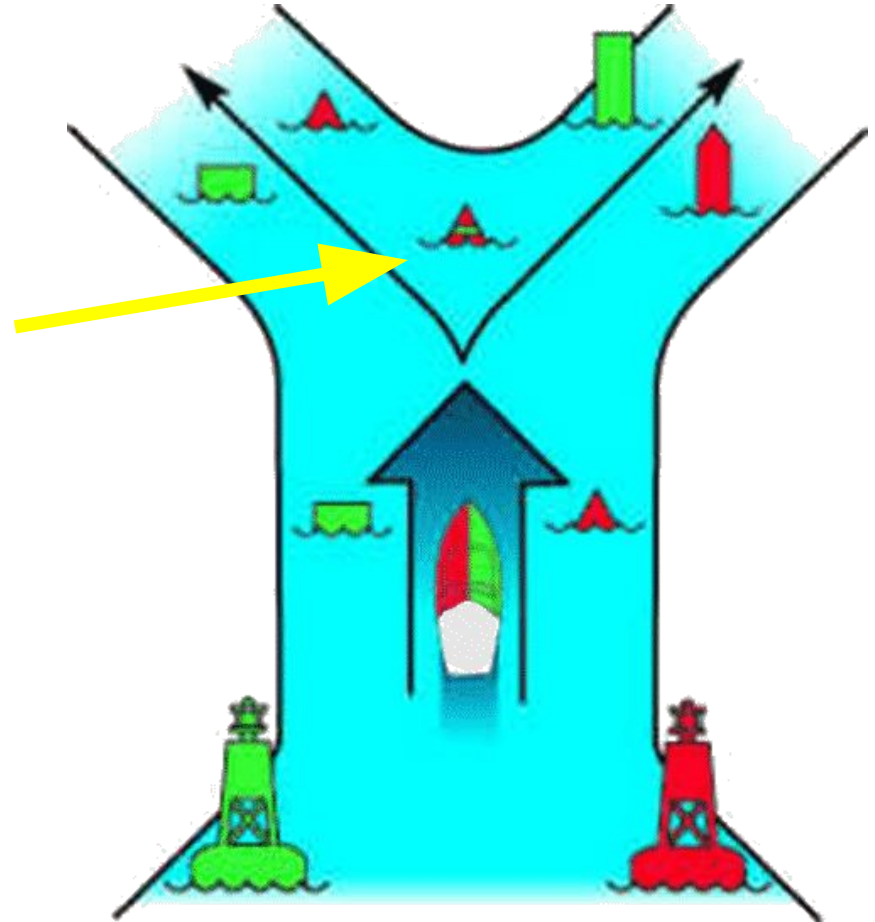
Marks a danger, e.g.
underwater rock

Black-red-black

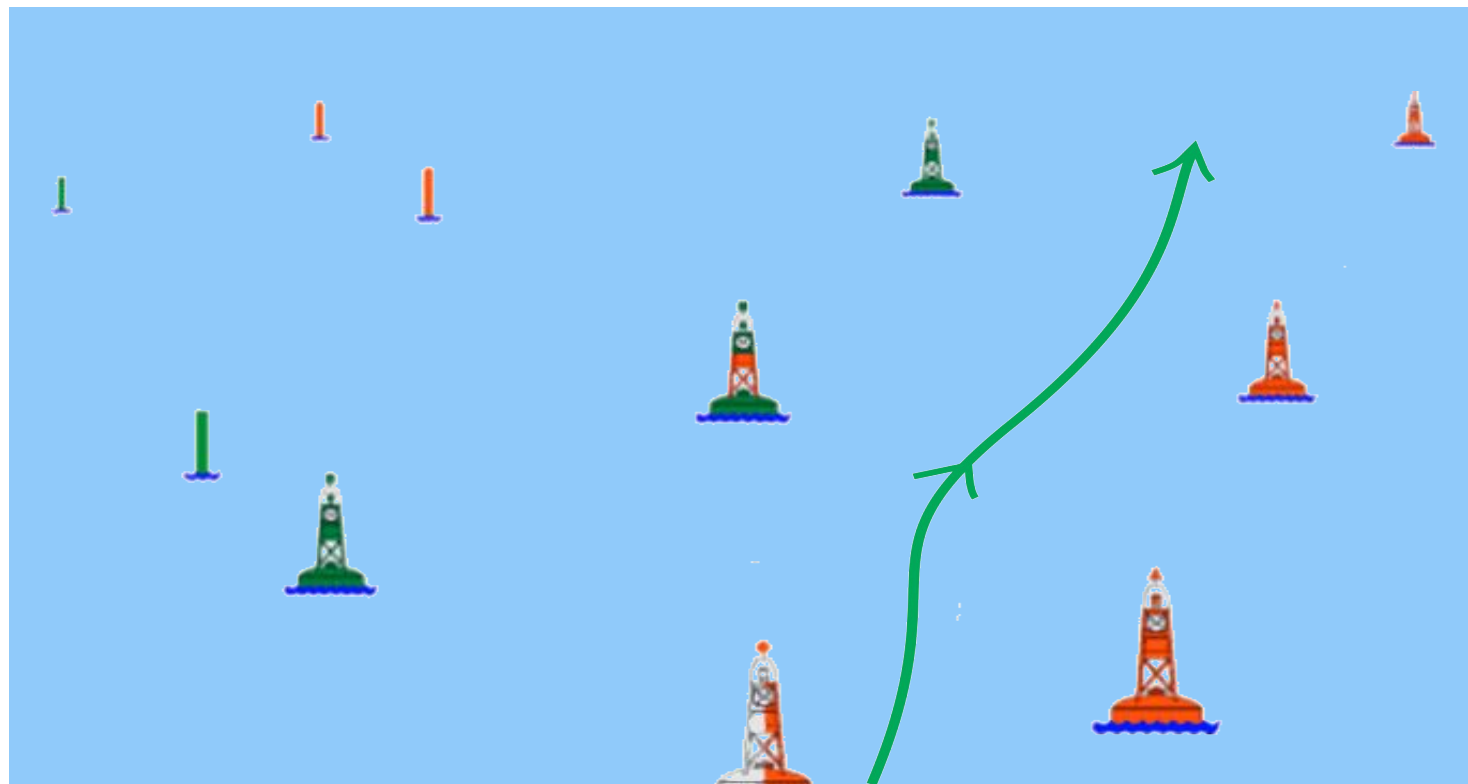


AIDS TO NAVIGATION

Bifurcation buoy (bi-colour)
marks a split in a channel,
and its *top colour* indicates
the preferred (primary) route

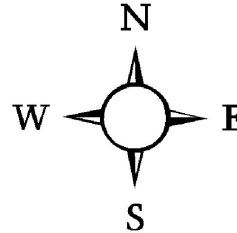
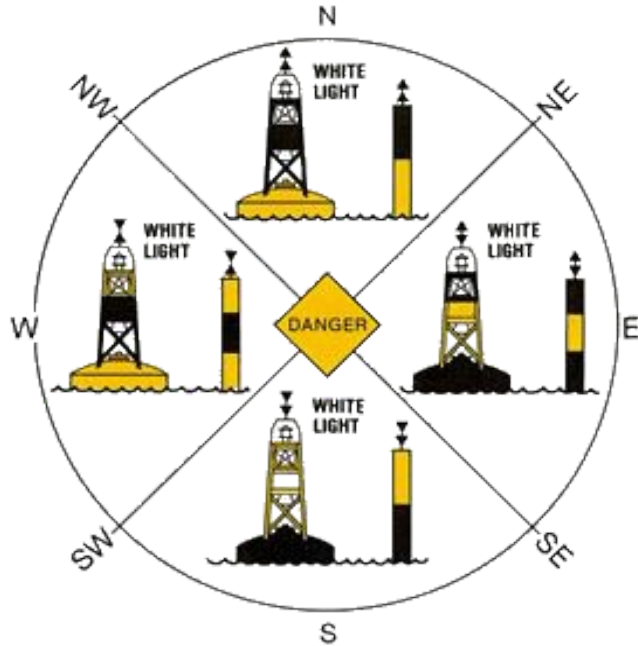


AIDS TO NAVIGATION



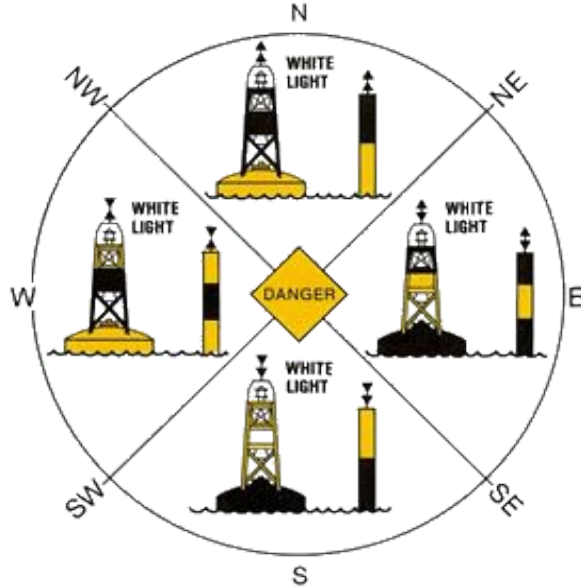
AIDS TO NAVIGATION

CARDINAL BUOYS

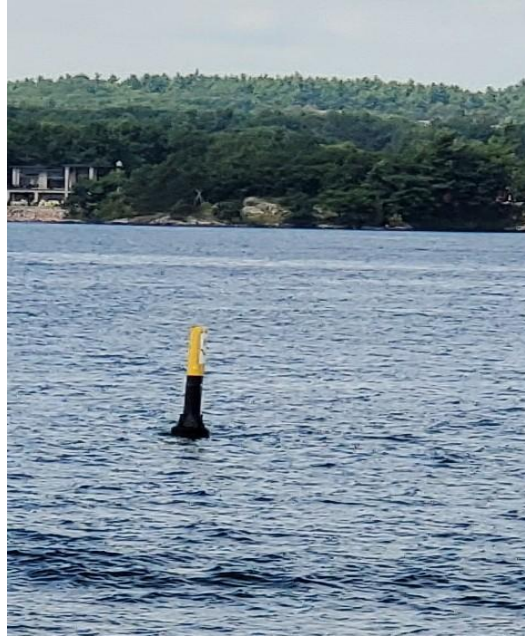


Indicate general Location of Hazard
Safe Water in Direction Indicated

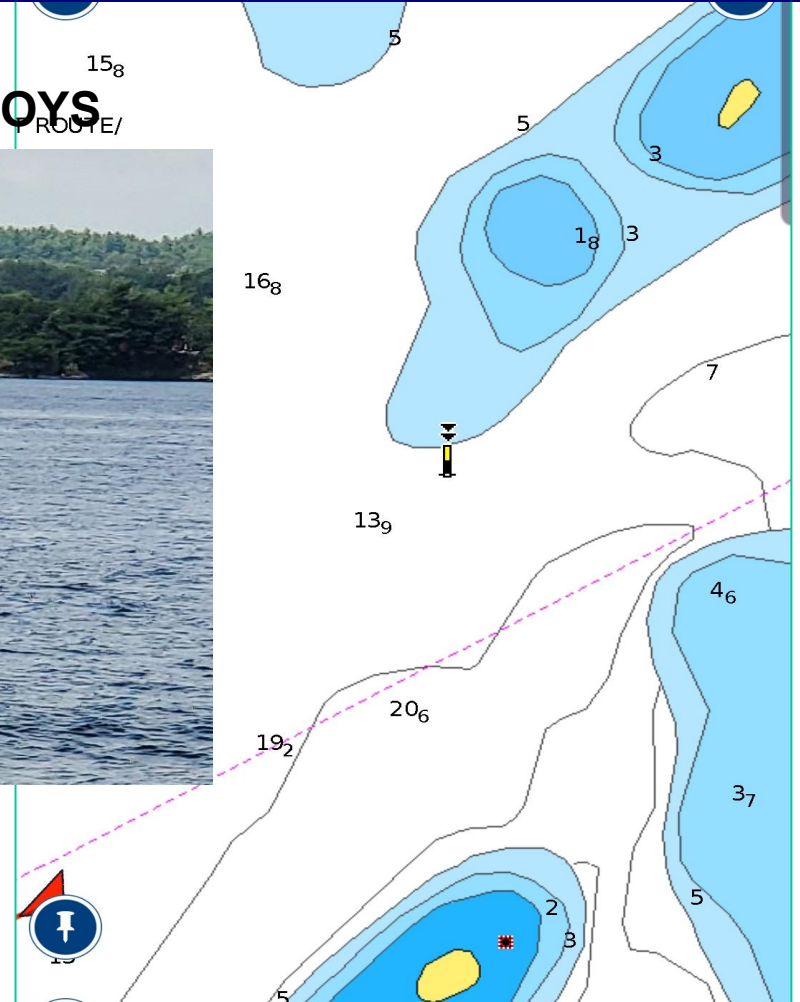
AIDS TO NAVIGATION



CARDINAL BUOYS



Indicate general Location of Hazard
Safe Water in Direction Indicated



AIDS TO NAVIGATION - buoys

Cautionary



Anchorage



Mooring



Information



Hazard



Control buoys



Keep out



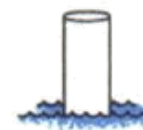
Scientific (ODAS)



Diving



Swimming



RESTRICTION SIGNS



*No power-driven
vessels*



*No internal combustion
or steam engine
is permitted*



No vessels



*No power-driven vessels in
the direction of the arrow*



Power limit



*Standardized speed limit
(normally 5, 10, 25, 40, 55)*



*No skiing north
of the sign*



*No power-driven vessels
between the hours
and days in red*



No skiing



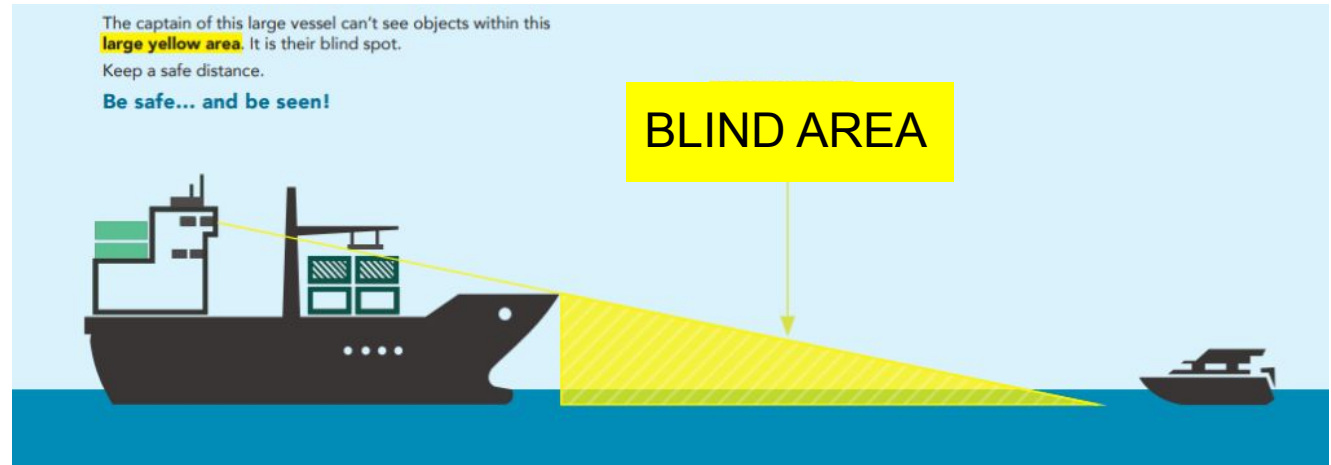
No regatta



*Combined sign
(no skiing and speed limit)*

OPERATING IN NARROW CHANNELS

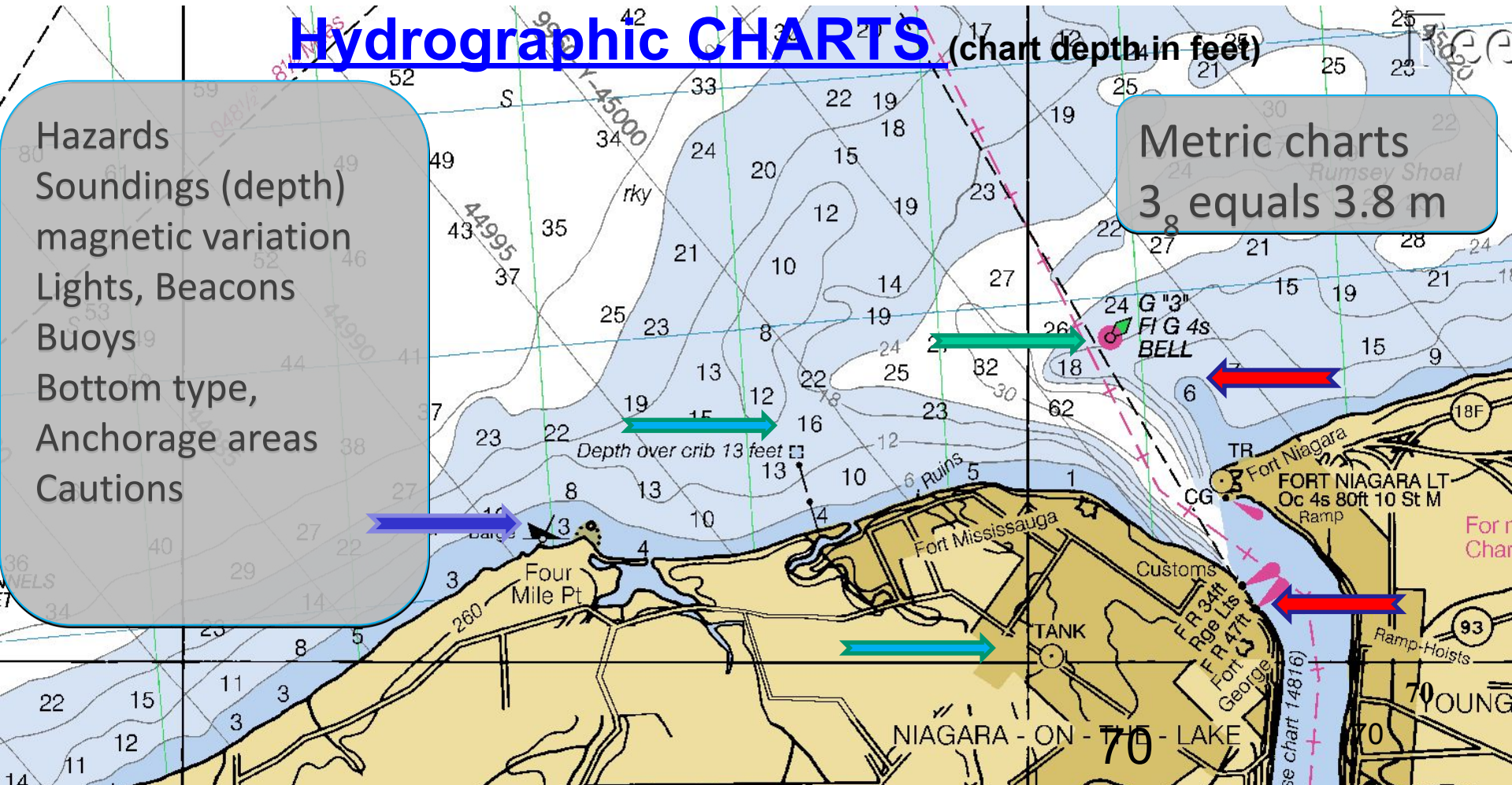
- Keep on the **starboard side** as is safe and practicable.
- A vessel of less than 20 M or a sail boat **must not impede** a larger vessel
- **If you need to cross do so at a right angle to the channel**
- **Operating in groups may help make small vessels more visible**
- **Keep a sharp lookout as large vessels travel quickly and have limited visibility**



Hydrographic CHARTS (chart depth in feet)

Hazards
Soundings (depth)
magnetic variation
Lights, Beacons
Buoys
Bottom type,
Anchorage areas
Cautions

Metric charts

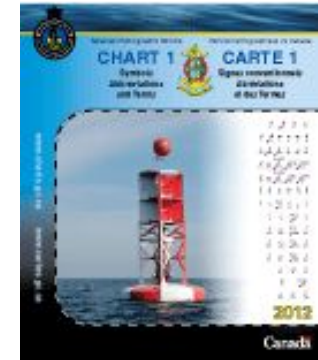
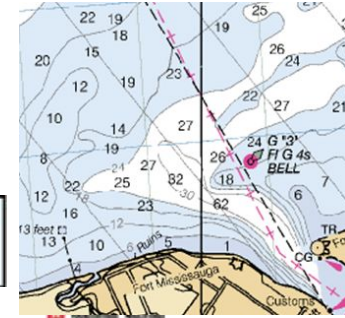


Charts and Publications to be carried at all times include:

- **Largest scale, updated, chart for the area(s) of travel**
- **Chart No. 1 (chart symbol directory)**

13.2		Kelp, weed Varech, herbe marine	
------	---	------------------------------------	---

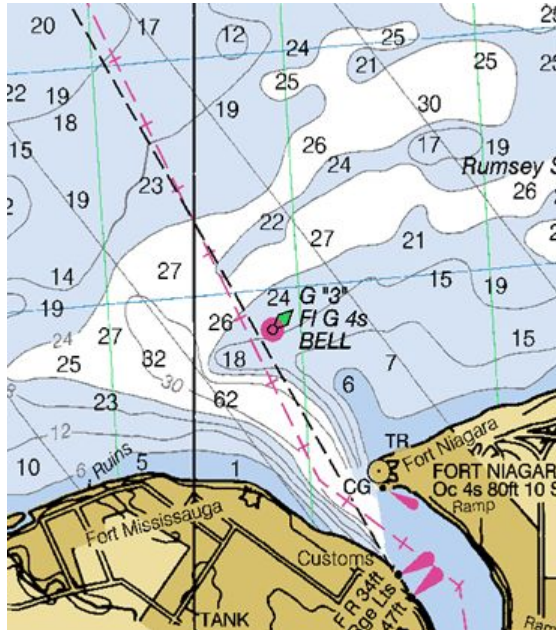
- **List of Lights, Buoys and Fog Signals**
- **Tide and Current Tables**
- **“Notices to Mariners” (NOTMAR) - published weekly and are used to update your charts. You can also search for chart corrections.**



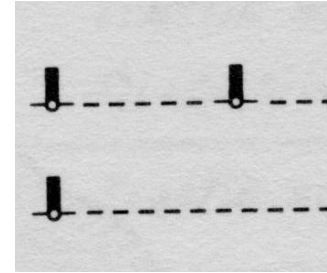
<http://www.charts.gc.ca/publications/chart1-carte1/index-eng.asp>

<http://www.notmar.gc.ca/>

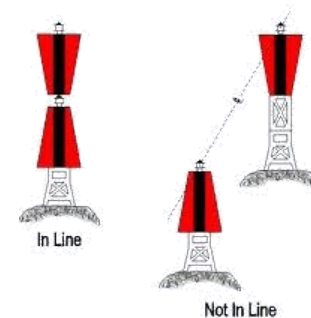
Navigation Ranges



as shown on charts

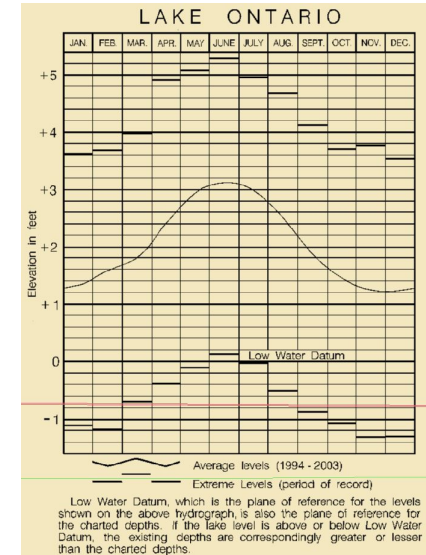
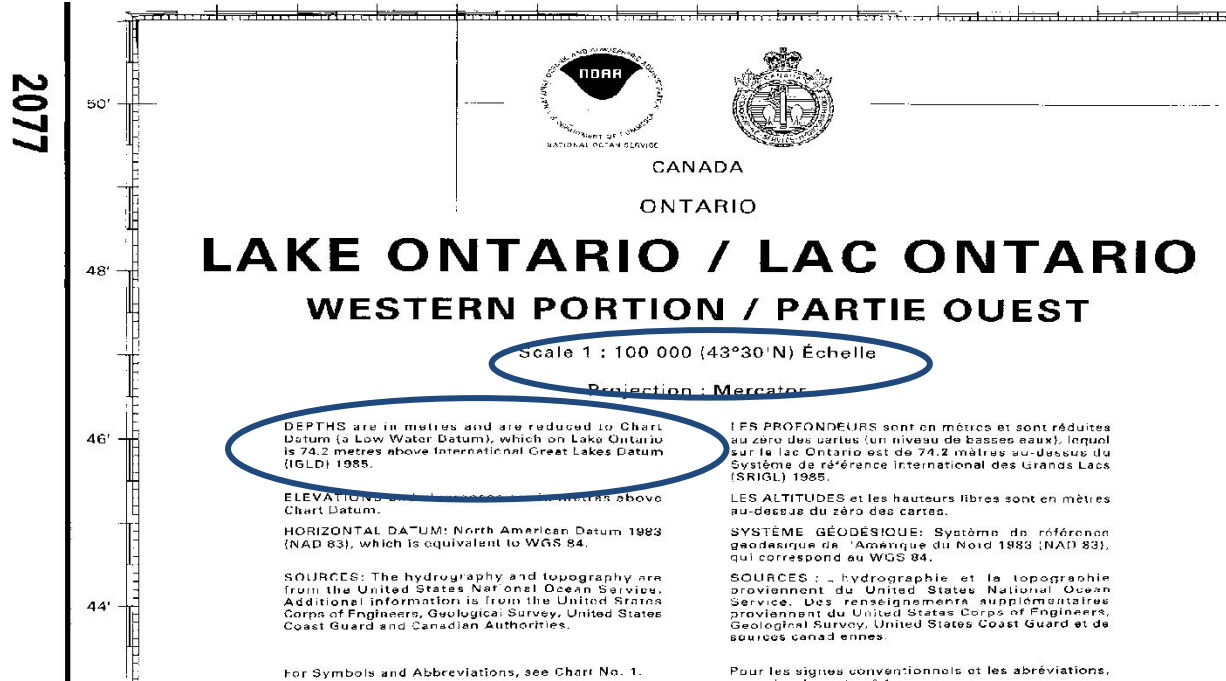


as seen on water



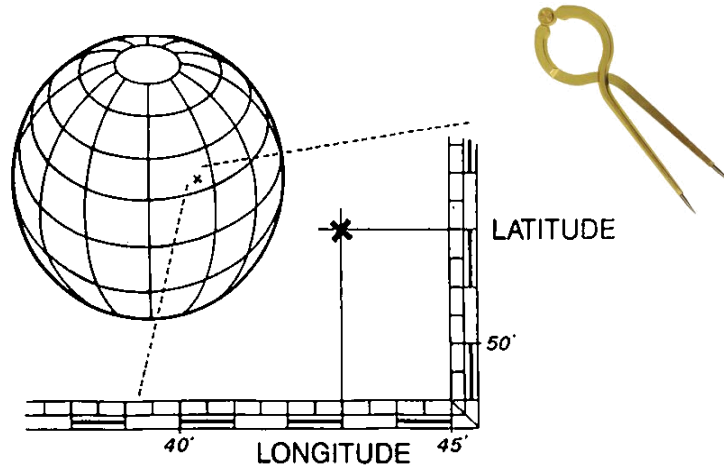
CHARTS – THE TITLE BLOCK

Year Published, Scale, Projection, Units of Measure



CHARTS – Measurement of Distance

Distance is measured on **SIDE** (latitude scale) close to where you are working



One minute on the latitude scale (1 m) equals one nautical mile

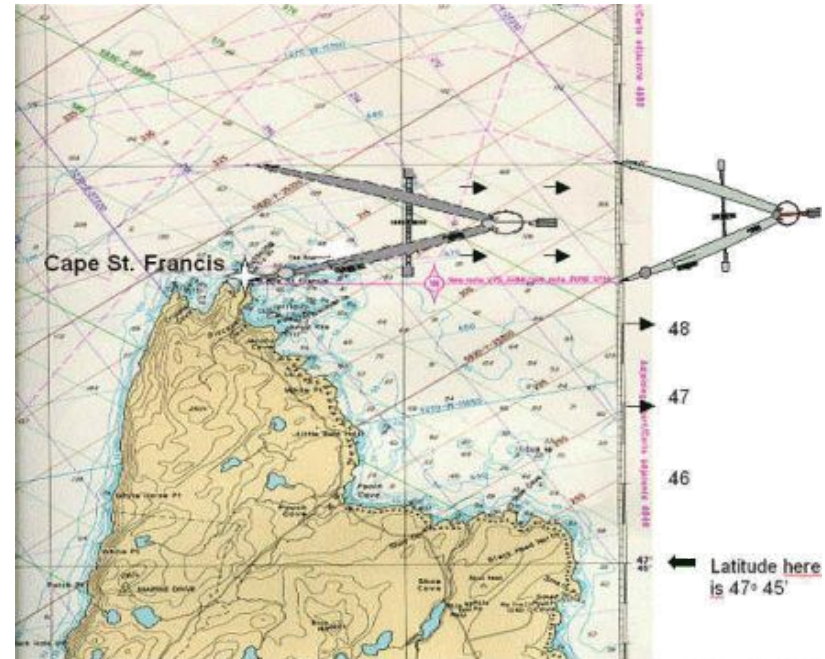
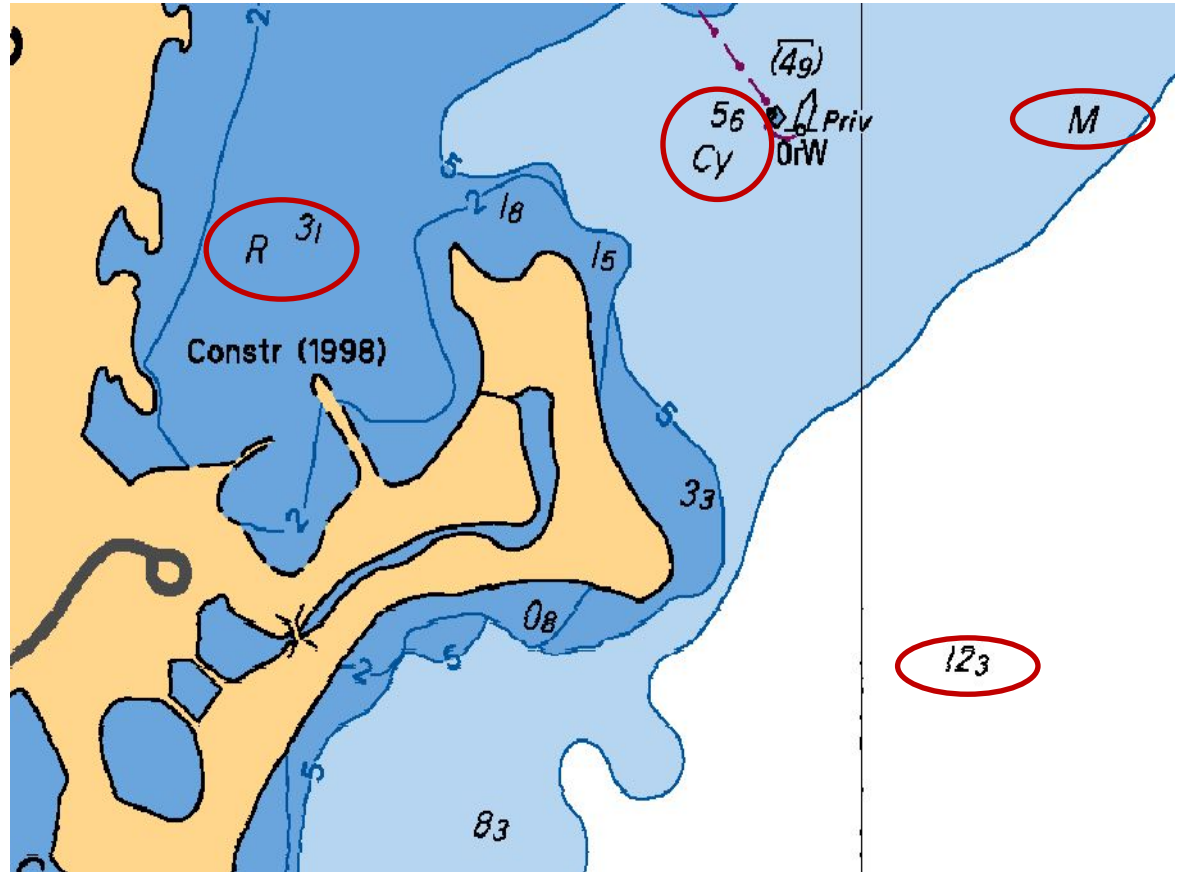


CHART SYMBOLS – TYPES OF BOTTOM

Chalk	Ck
Sand	S
Ooze	Oz
Mud	M
Clay	Cl
Coral	Co
Weed	Wd
Kelp	



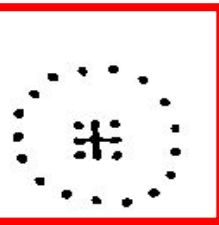
SOME CHART SYMBOLS - ROCKS

+

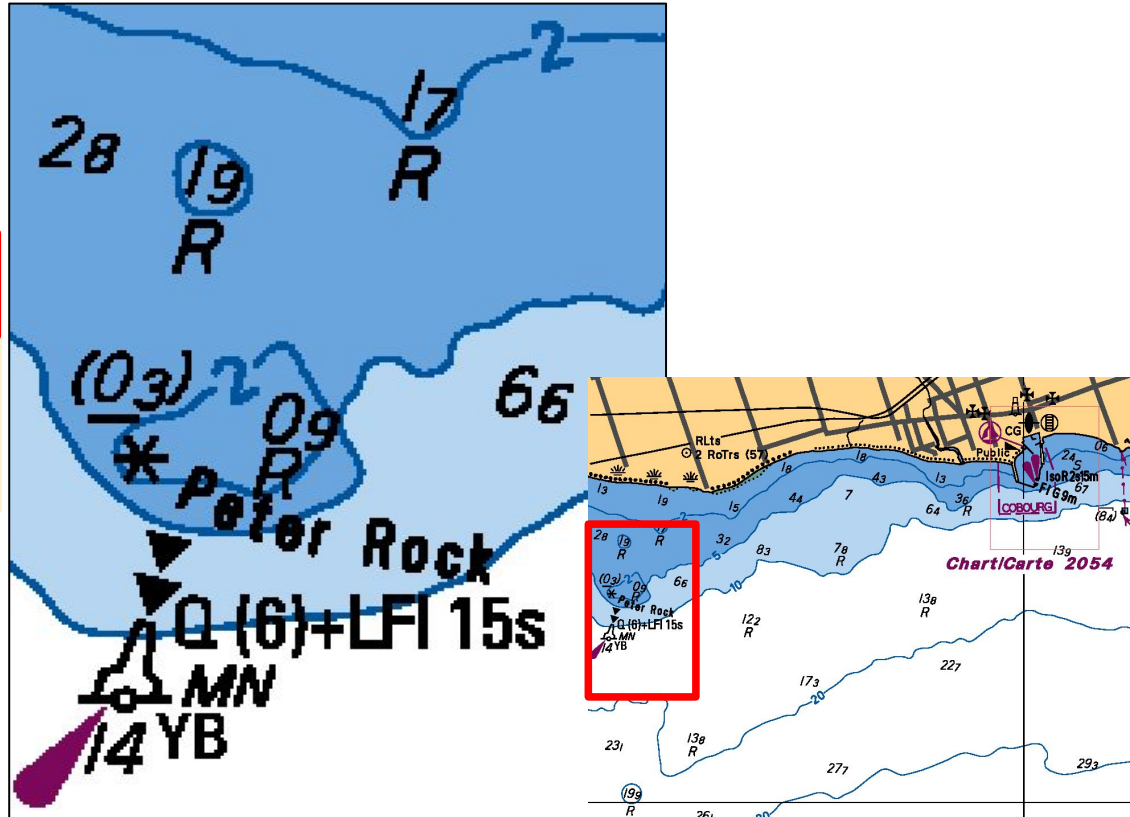
Dangerous Underwater Rock

* (2)

Dangerous Underwater Rock
which covers and uncovers with
height of tide



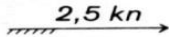
Rock awash at chart datum



SOME OTHER CHART SYMBOLS



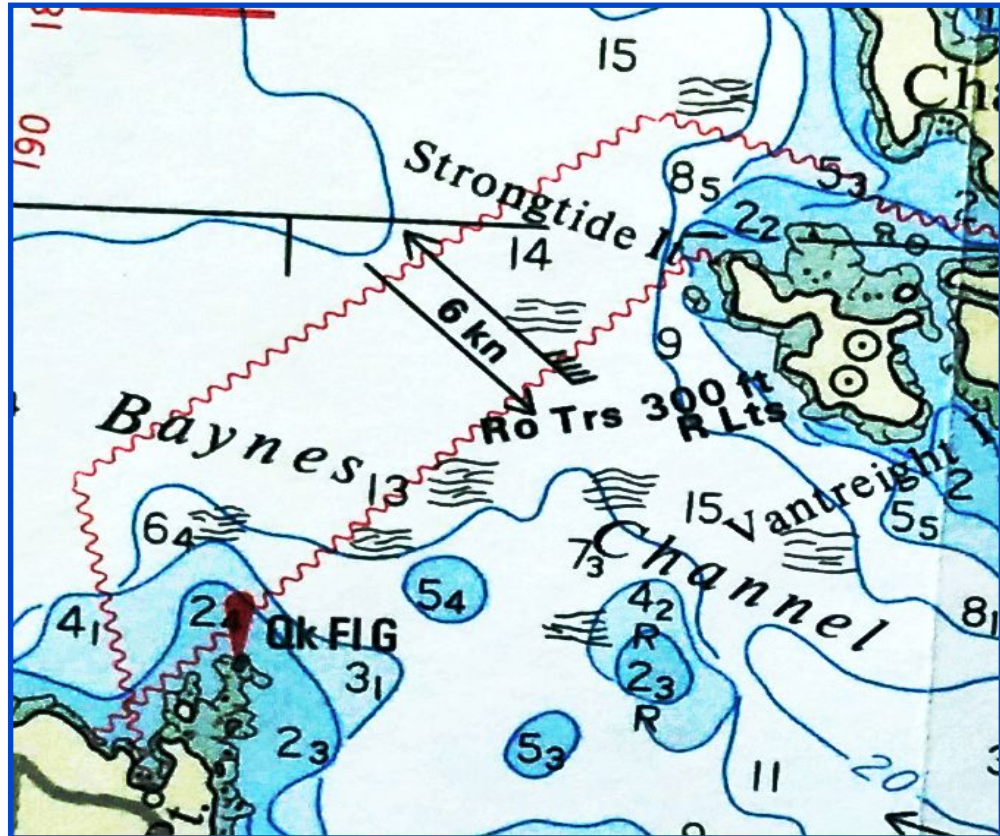
Underwater Cable



Direction & Speed of
Flood Current



Underwater wreck with
any part of
superstructure showing



Sail Parts

Luff = front edge

Leech = back edge

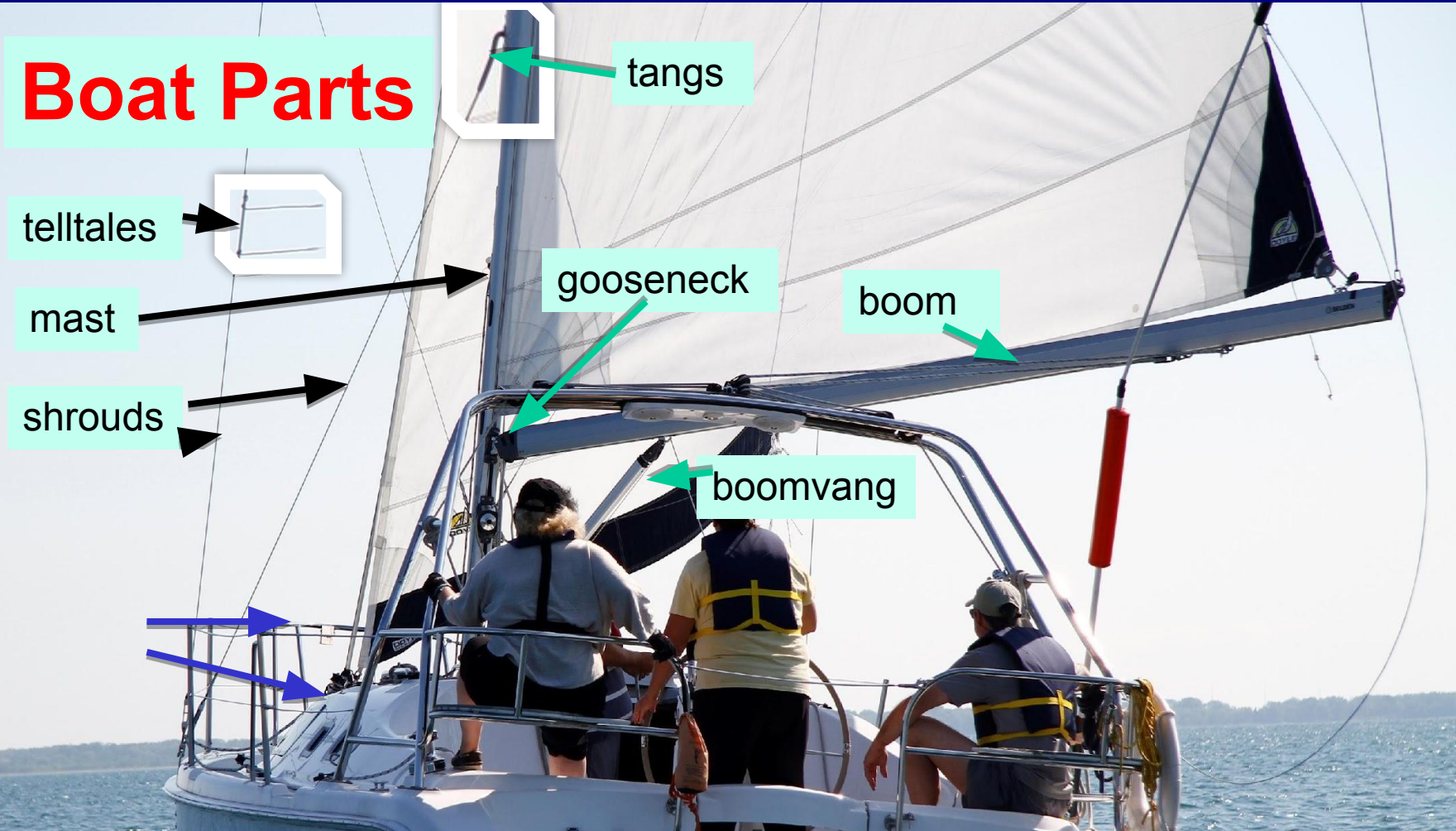
Head = top

Foot = bottom

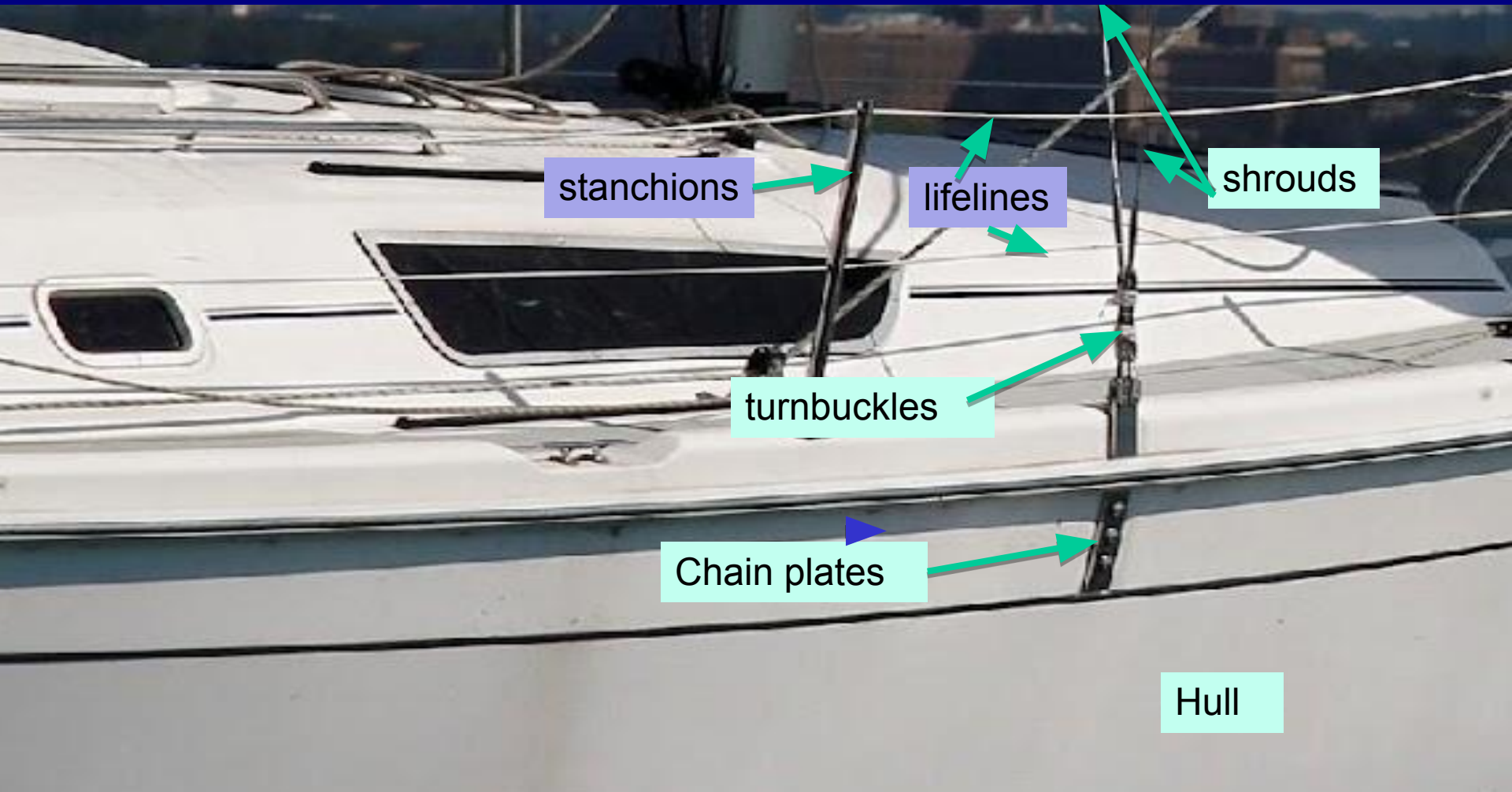
Most main sails have stiff pieces inserted called battens – it helps hold the shape



Boat Parts



Basic Cruising



stanchions

lifelines

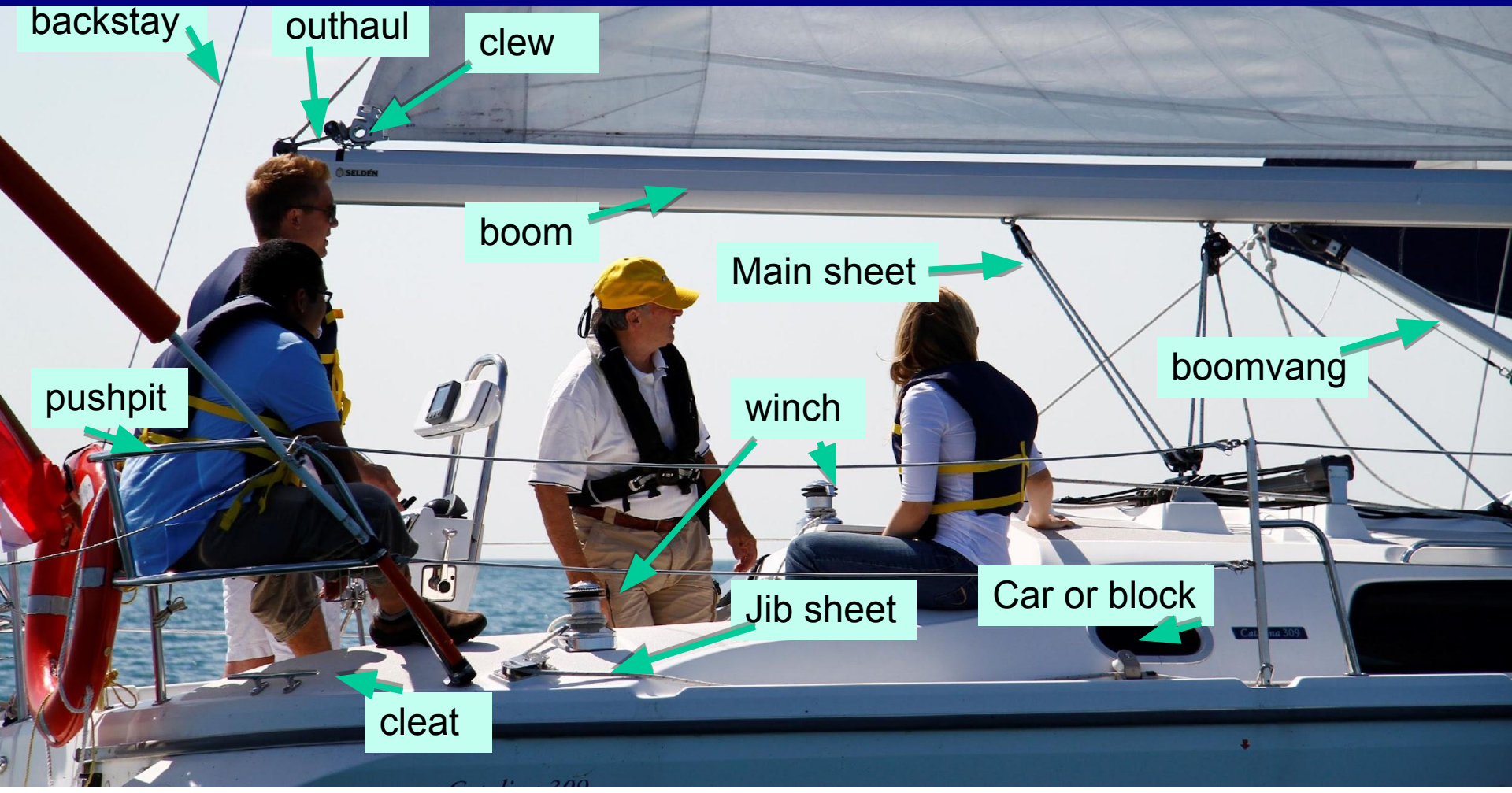
shrouds

turnbuckles

Chain plates

Hull

Basic Cruising



Basic Cruising

Furled foresail
with forestay inside

mast

spreaders

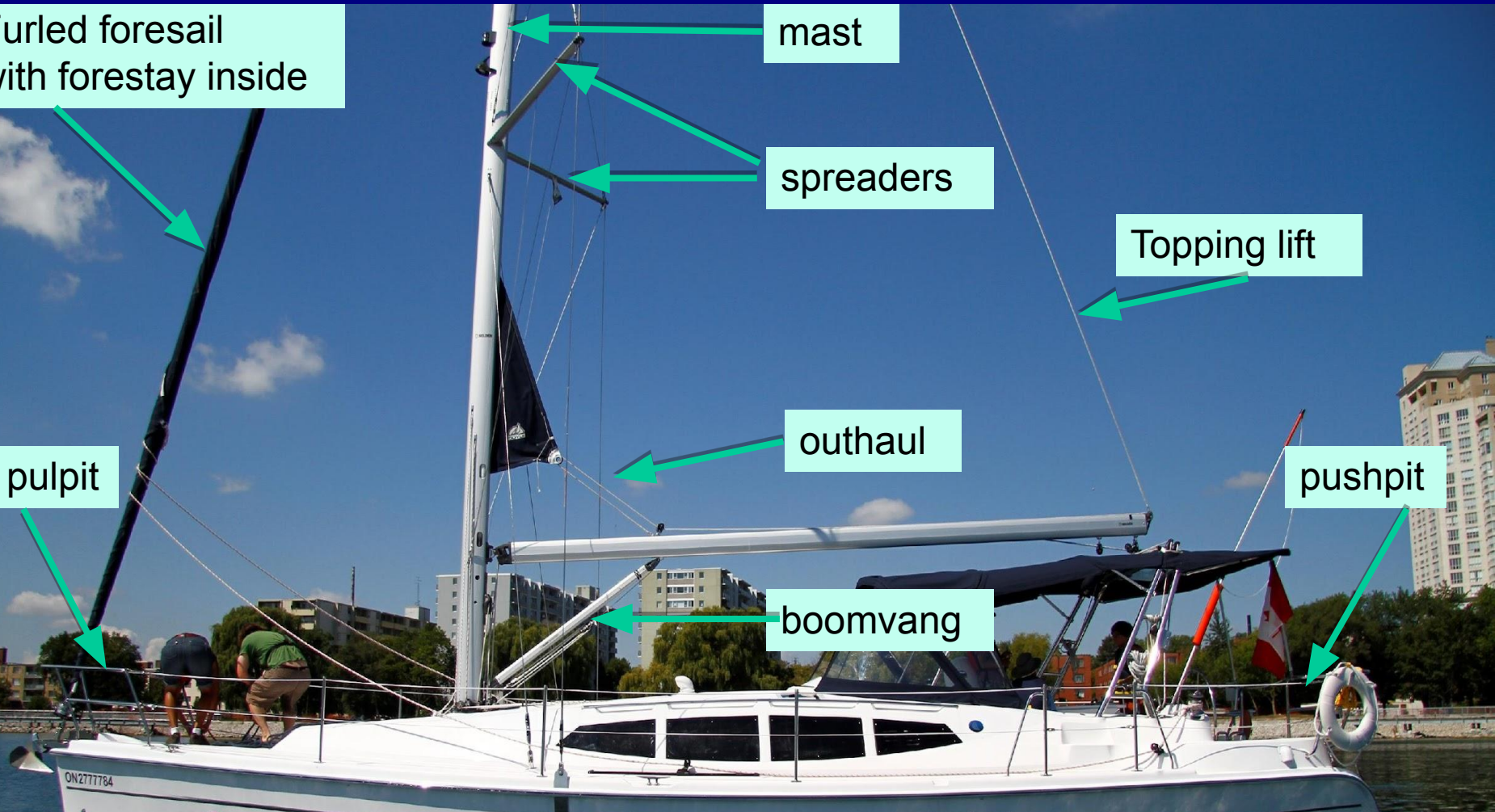
Topping lift

pulpit

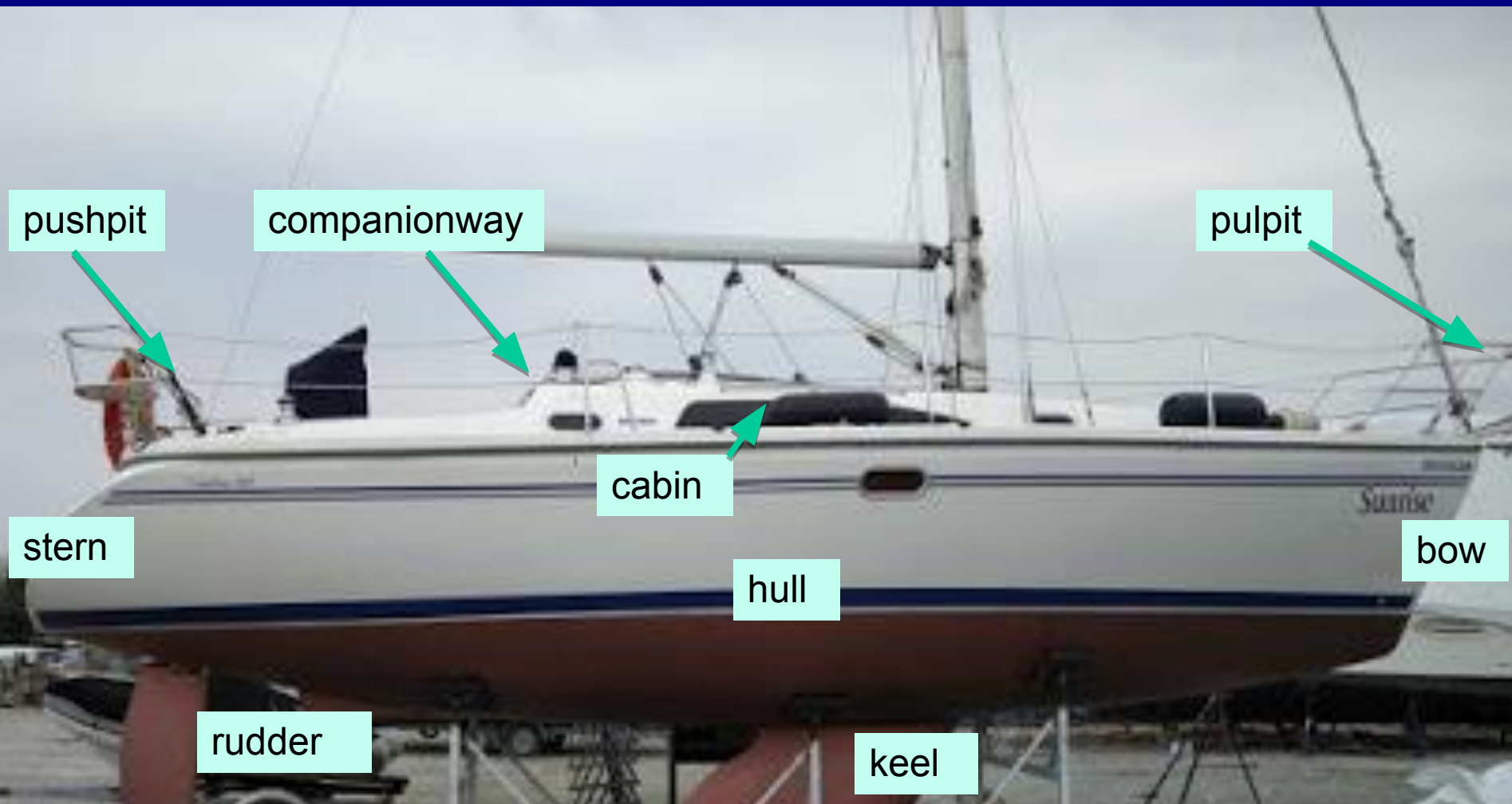
outhaul

pushpit

boomvang

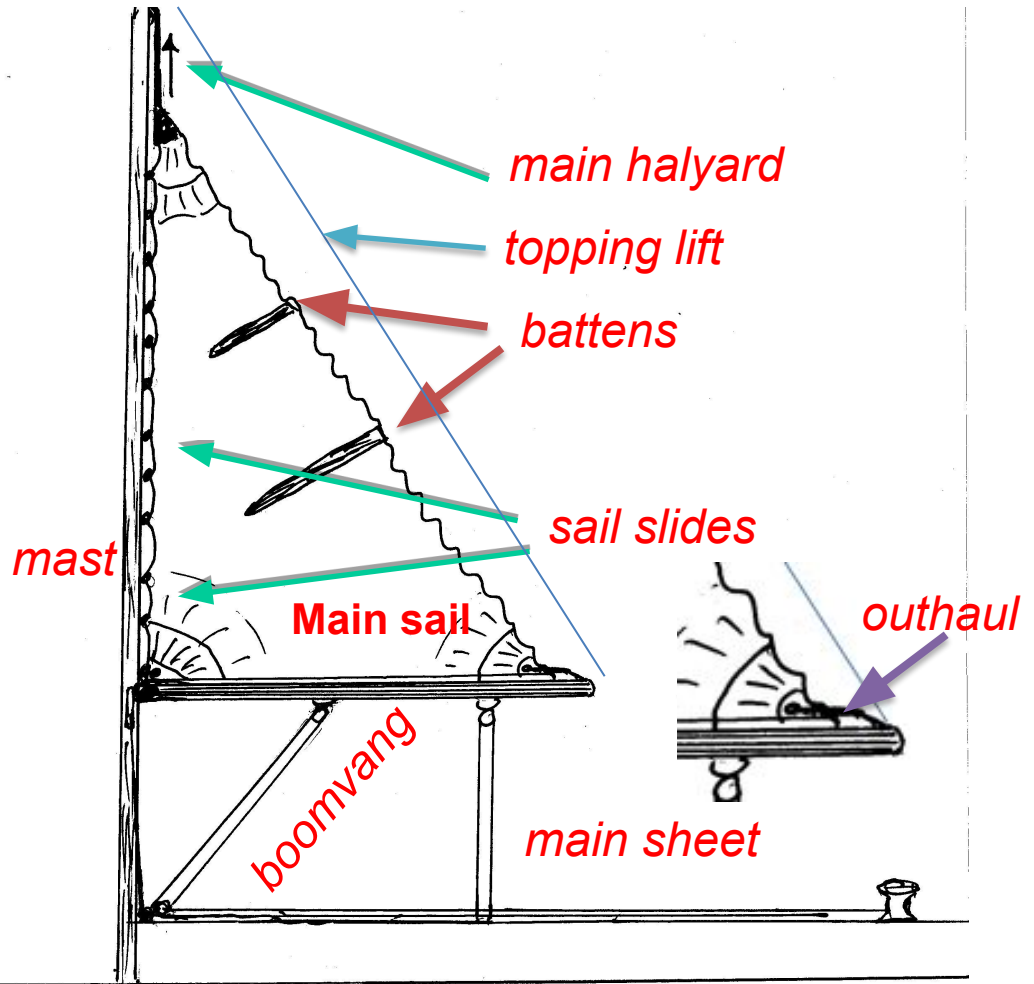


Basic Cruising



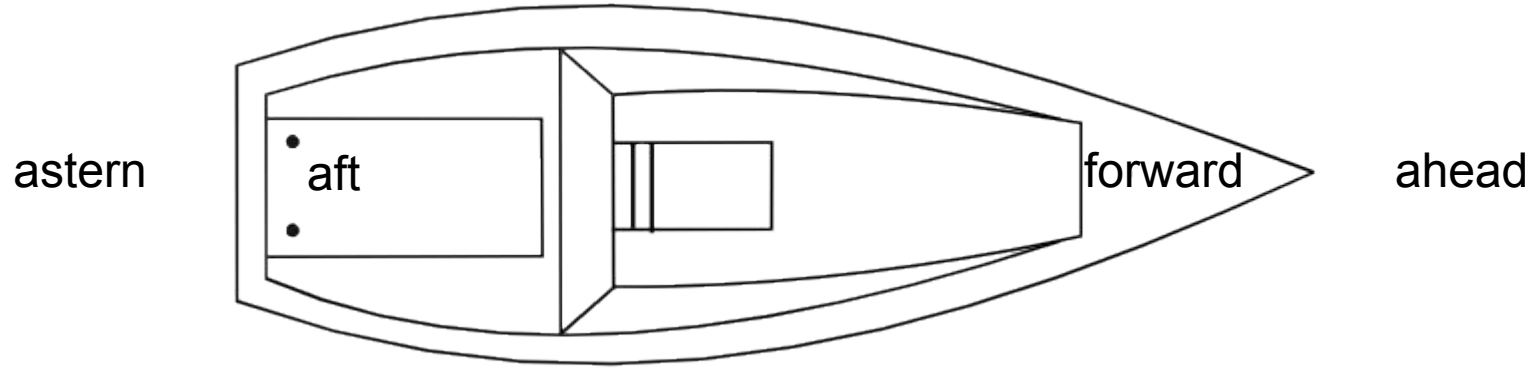
Boat Parts

shackle



Positions

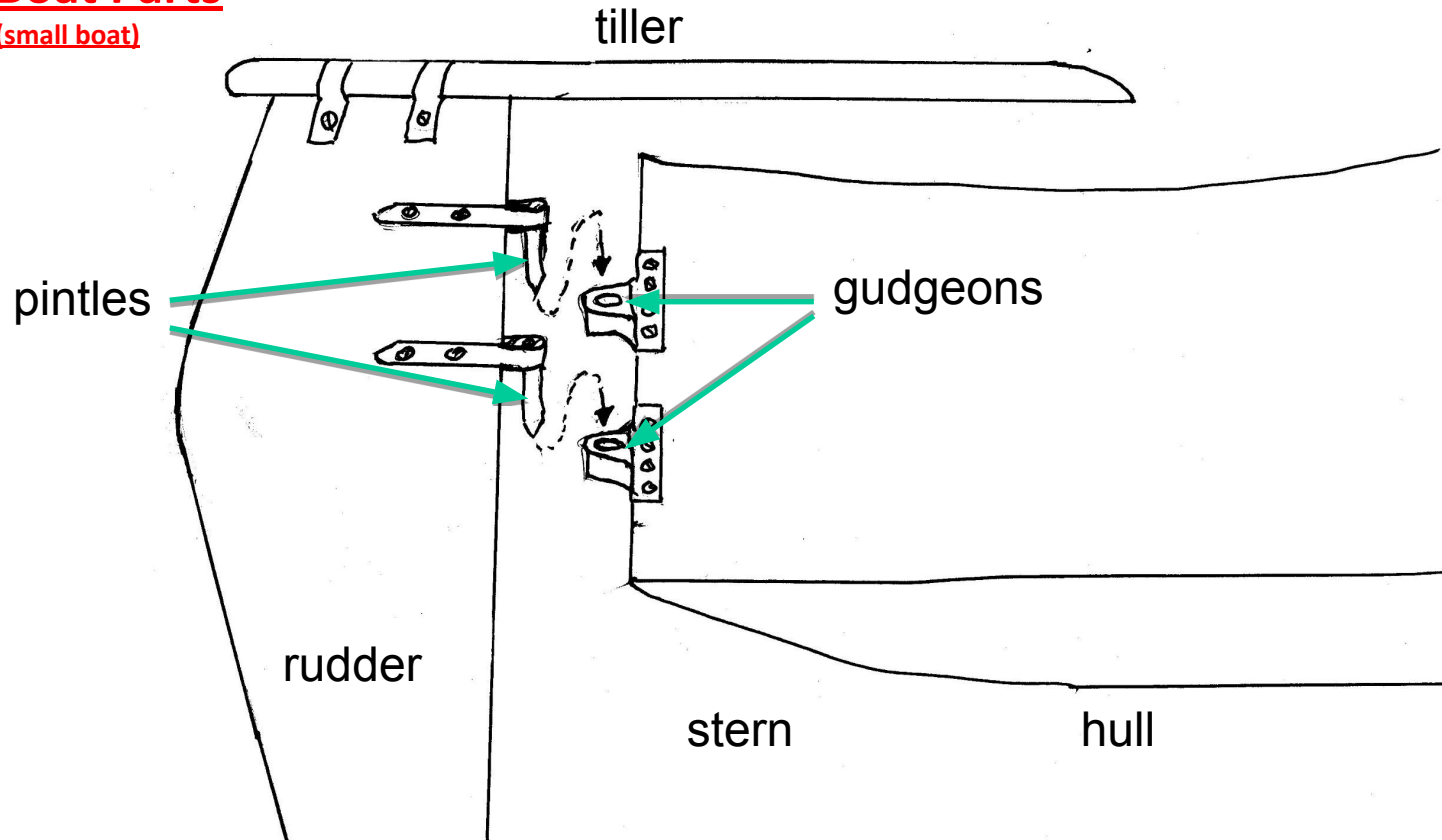
Abeam (port)



Abeam (starboard)

Boat Parts

(small boat)



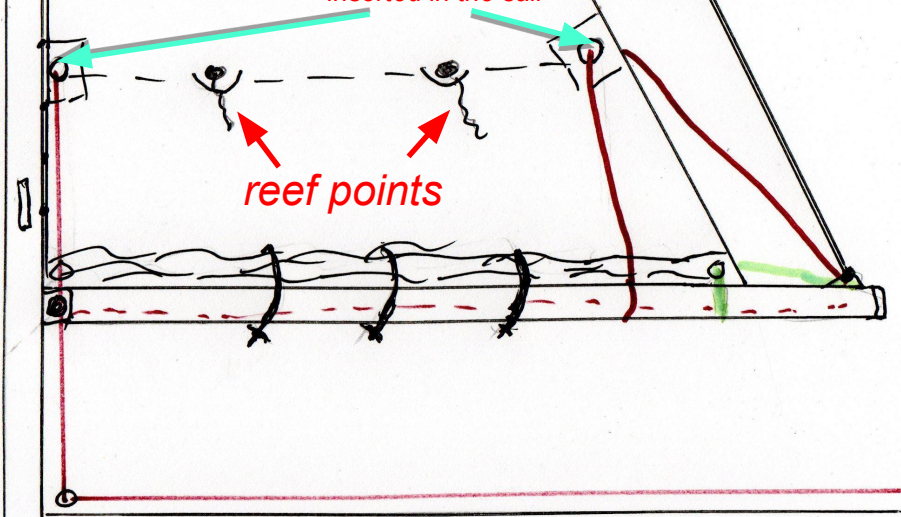
Jiffy or slab reefing



Main sail

Cringles holes
inserted in the sail

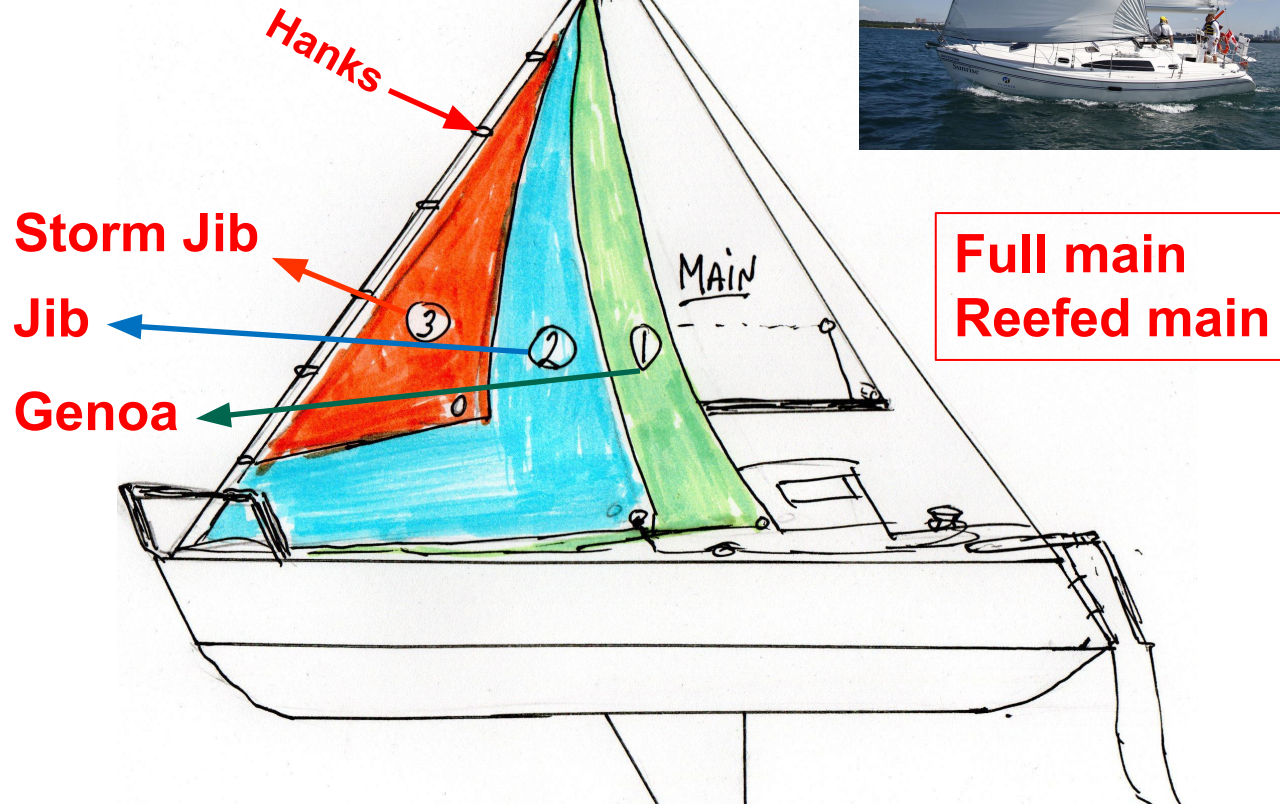
reef points



Roller furling or reefing



Boat parts - Head Sails

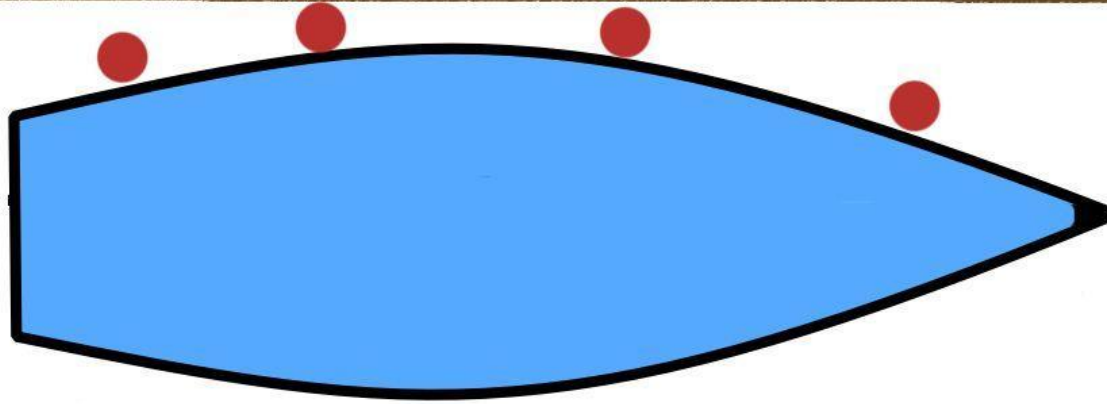


Full main
Reefed main

What sail combinations would be selected for the following winds?

(name both sails)

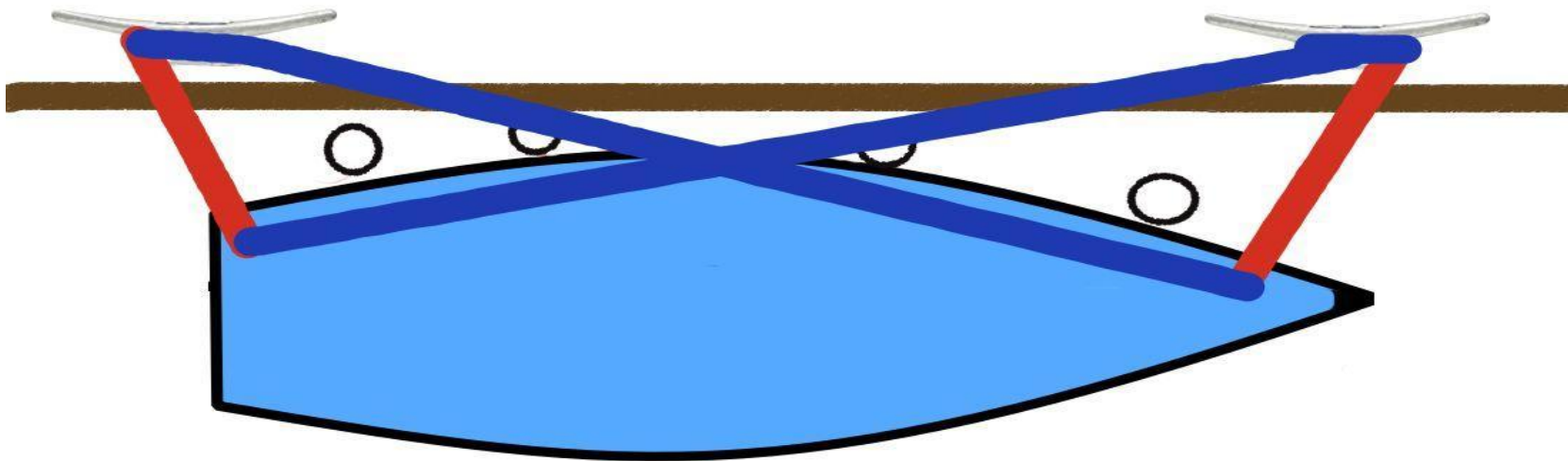
- 0-12 Knots
- 13-18 Knots
- 19-26 Knots



● Fenders



Basic Cruising



 Breast line (bow & stern)

 spring lines

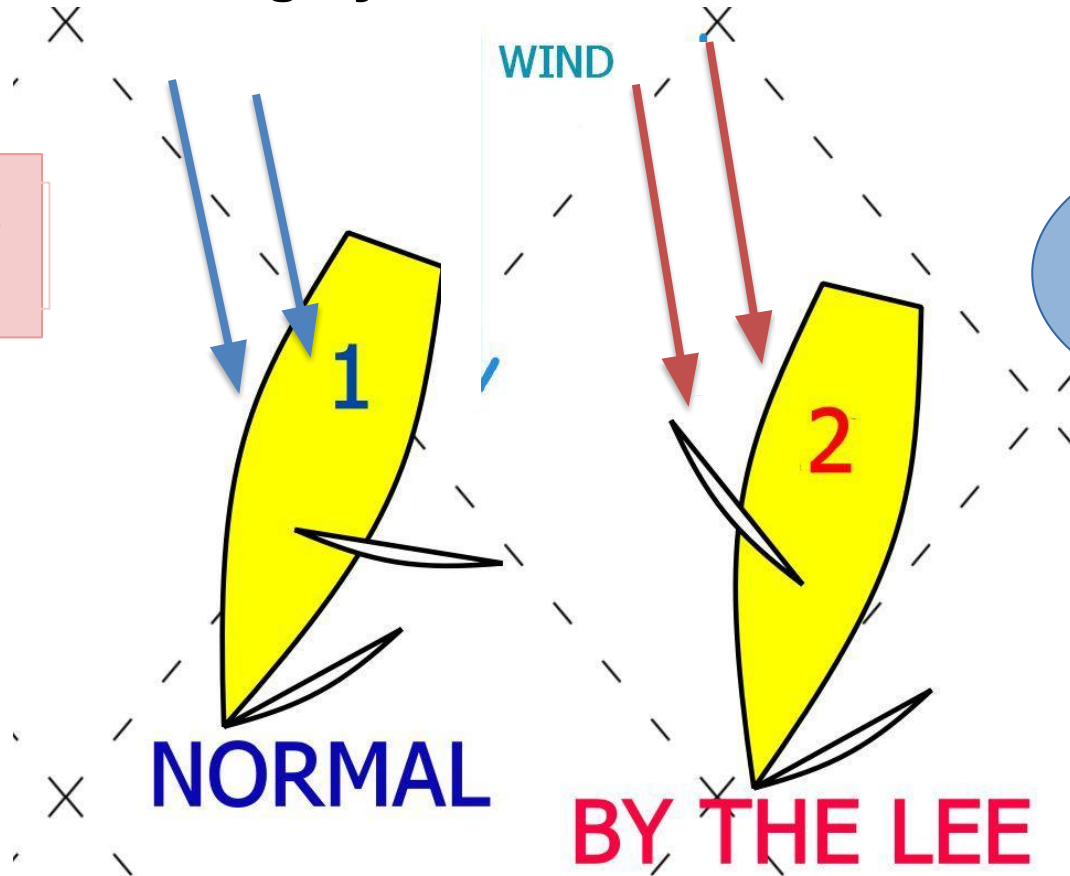


CLEATS



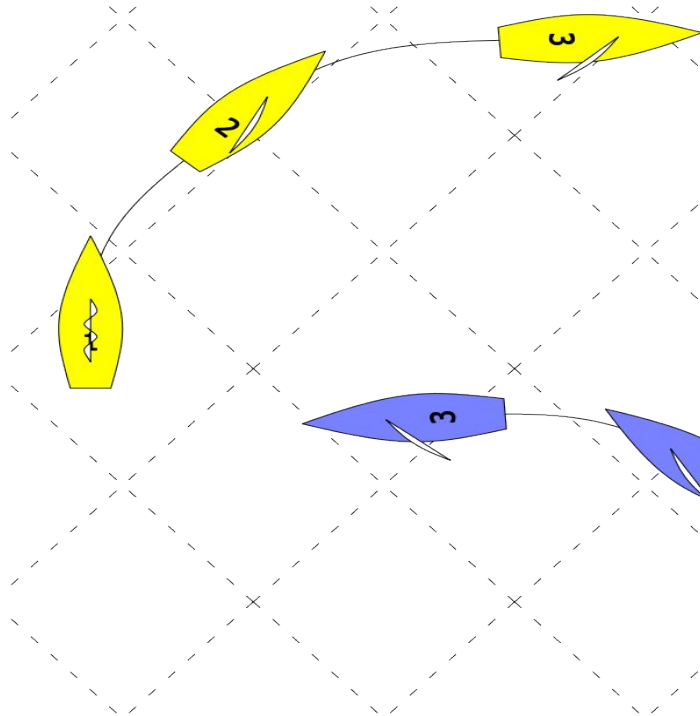
Sailing by the Lee

What is the danger?



What is the point of sail?

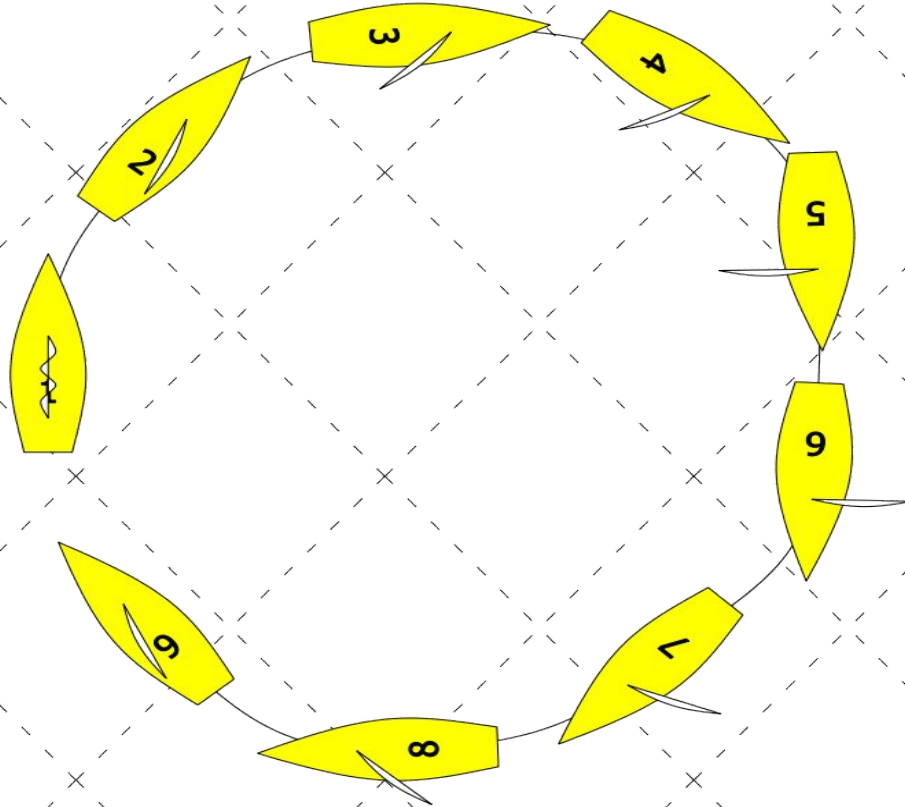
Points of Sail



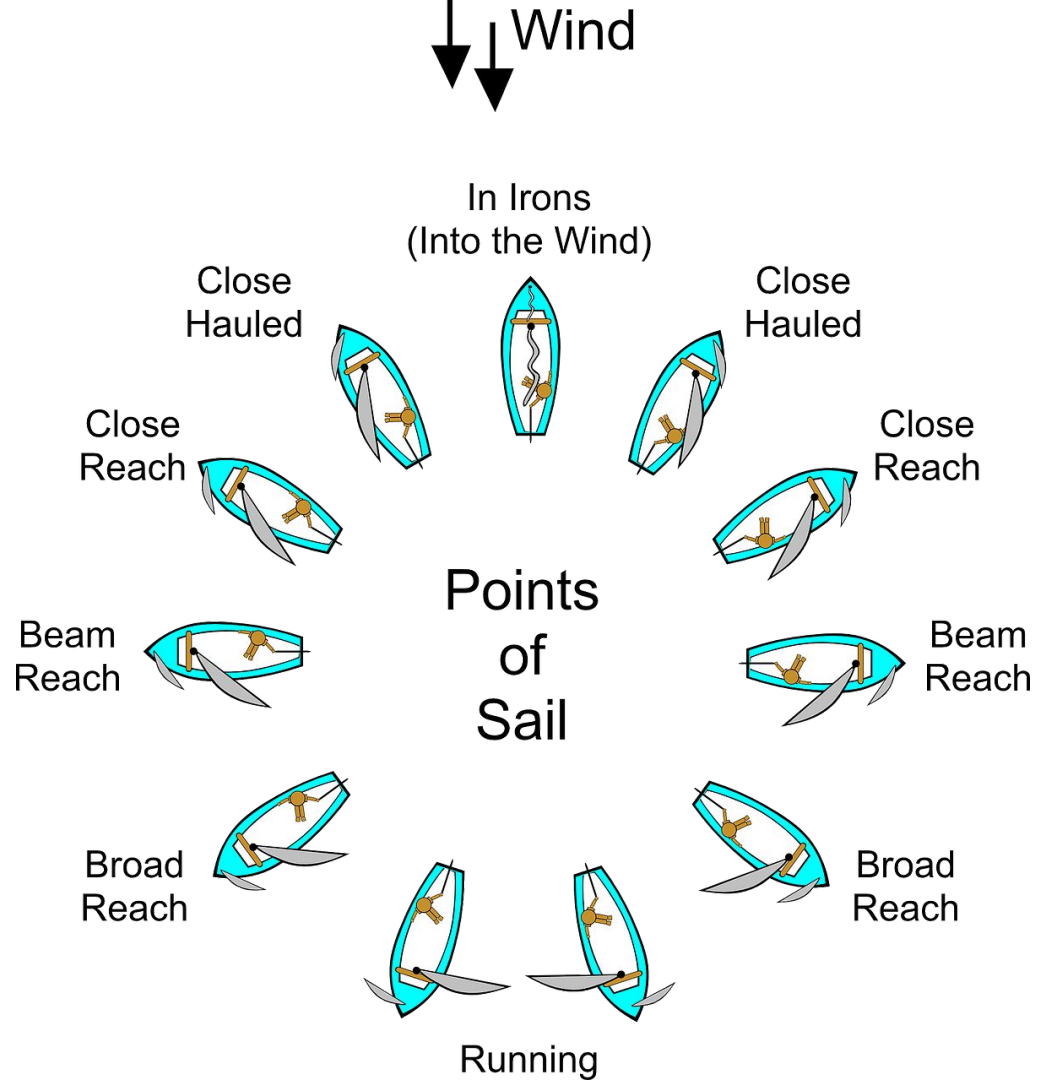
- 1 Head to wind
- 2 Close haul – port tack
- 3 Beam reach – port tack

- 1 Head to wind
- 2 Close haul – starboard tack
- 3 Beam reach – starboard tack

Points of Sail



- 1 Head to wind**
- 2 Close haul – port tack**
- 3 Beam reach – port tack**
- 4 Broad reach – port tack**
- 5 Run – port tack**
- 6 Run – starboard tack**
- 7 Broad reach – starboard tack**
- 8 Beam reach – starboard tack**
- 9 Close haul – starboard tack**



Terminology – describing the state or action of a vessel

terminology	Description
gybe	The stern crosses the wind when underway
tack	The bow crosses the wind when underway
under way	Not at anchor, not attached to shore, not aground
no-way	Underway, but not moving
in irons	Under sail, head to wind, no steering
broad reach	Wind coming from the stern quarter
close haul	Sailing as close to the wind as can be done efficiently
luffing	When the forward part of the sail is fluttering
heading up	Alter towards the wind
bearing away	Alter away from the wind

Basic Cruising

WEATHER-

where to get a forecast

Internet – weather office

Commercial radio or television

marine VHF – WX channel

Television

Marina Office

Meteorological Office

Dock master

Weather Fax

Port Authority

Navtex

Newspaper

Coastguard

Recorded forecast on phone

LOOK – personal observation



Government
of Canada

Gouvernement
du Canada

Search Canada.ca



Jobs ▾

Immigration ▾

Travel ▾

Business ▾

Benefits ▾

Health ▾

Taxes ▾

More services ▾

[Home](#) → [Environment and natural resources](#) → [Weather information](#) → [Marine](#) → [Marine Forecasts](#) → [Great Lakes - Lake Erie and Lake Ontario](#)

[Access city](#) | [Weather Topics](#)

Western Lake Ontario

STORM WARNING IN EFFECT

Forecast

Weather Conditions

Ice Conditions

Warnings

Synopsis

Winds

Issued 10:30 AM EST 23
February 2019

Today Tonight and Sunday.

Storm warning in effect.

Wind east 15 knots increasing to east 20 this afternoon then veering to southeast 20 this evening. Wind veering to southwest 25 Sunday morning then increasing to southwest 40 near noon Sunday. Wind increasing to southwest 50 Sunday evening.

Waves

Issued 10:30 AM EST 23
February 2019

Today Tonight and Sunday.

Waves less than one half metre building to one half metre near noon and to one early this evening. Waves building to 2 to 3 Sunday afternoon and to 3 to 4 Sunday evening.

Extended Forecast

Issued 03:00 AM EST 23
February 2019

Monday

Wind west 50 knots diminishing to west 45 in the morning and to west 35 in the afternoon.

Tuesday

Wind northwest 30 knots diminishing to northwest 20 late in the day.

WEATHER- cumulonimbus

Thunderstorms occur in a type of cloud known as a cumulonimbus. They are **usually** accompanied by strong winds and often produce heavy rain.

Thunderstorms may line up in a series or become a rainband, known as a squall line. **Thunderstorms** can form quickly, giving 15 to 30 minutes of warning.

Sometimes they can occur with little warning, if the conditions are favorable to their formation

WEATHER- forecast

How long do we have to prepare?

- a) Heavy rain?
- b) Heavy winds?
- c) Fog?
- d) Thunderstorms?

Western Lake Ontario

STRONG WIND WARNING IN EFFECT

SQUALL WATCH IN EFFECT

Forecast

Weather Conditions

Ice Conditions

Warnings

Synopsis

Winds

Issued 10:30 AM EDT 29 May
2020

Today Tonight and Saturday.

Strong wind warning in effect. Squall watch in effect.

Wind southwest 15 knots with gusts to 35 near thunderstorms today and early this evening. Wind becoming west 15 near midnight then diminishing to west 10 late overnight. Wind increasing to northwest 20 Saturday afternoon.

Extended Forecast

Issued 03:00 AM EDT 29 May
2020

Sunday

Wind light.

WEATHER TERMINOLOGY (PREDICTED WINDS)

Light Winds – less than 15 knots

Moderate Winds – 15 to 19 knots

Strong Wind Warning - winds 20 to 33 knots

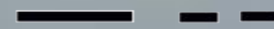
Gale Warning - winds 34 to 47 knots

Storm Warning - winds 48 to 63 knots

Hurricane Force Wind Warning – over 64 knots

LIMITED VISIBILITY – warning sound (required)

Sailing vessel – one long, 2 short – every 2 minutes



Power vessel – one long – every 2 minutes



- Navigation lights on
- Make sounds required
- Slow speed
- Look out using all means including sound, visual, radar, VHF radio
- Plot your position



LIMITED VISIBILITY

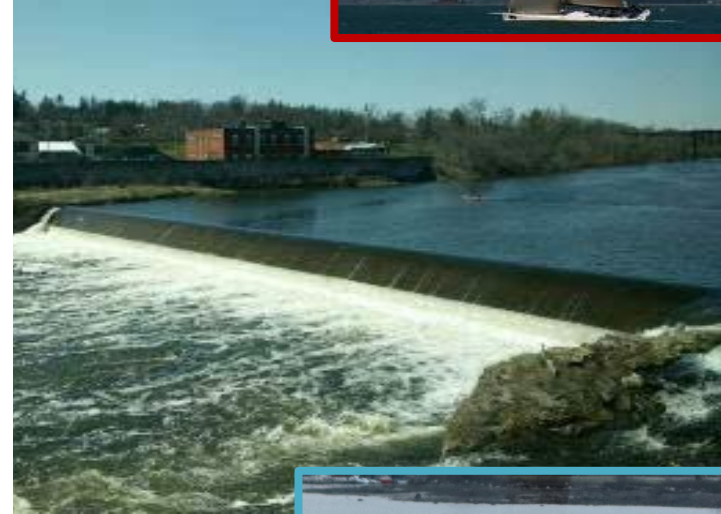
Other Precautions

- Monitor Depth Sounder
- Determine position - GPS
- Wear PFDs, Safety Harnesses

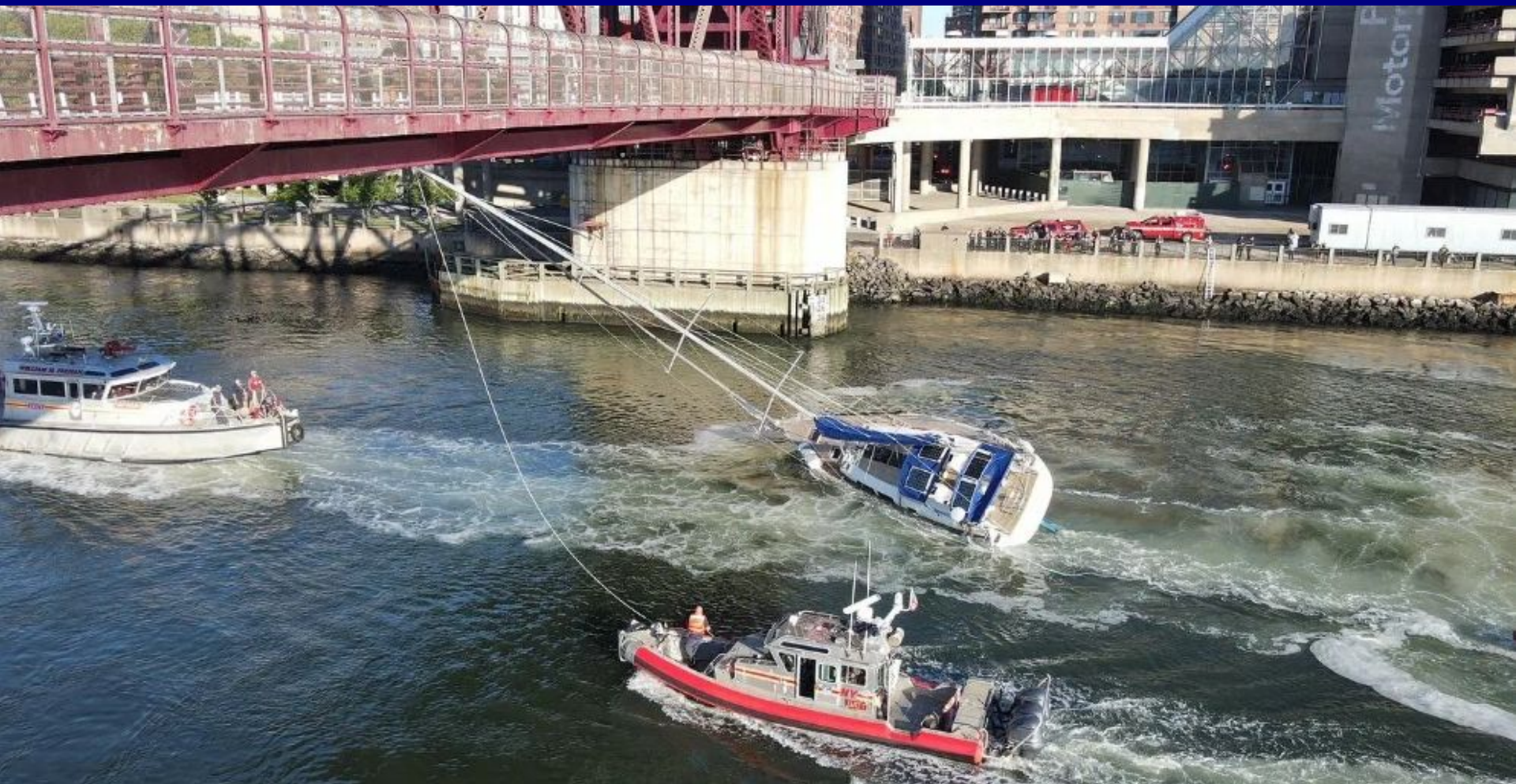


LOCAL HAZARDS – in this area

- Bridges
- Power Lines
- Low head dams
- Underwater cables
- Tides and Currents
- Outflow Winds - *Inner Harbour*
- Cliffs - *Scarborough Bluffs*
- Rough water caused by shoaling
- Commercial vessels – ferries, freighters
- Aircraft – landing zone in Toronto Harbour



Basic Cruising



KNOTS



REEF KNOT
Join 2 lines of
equal thickness
* temporary



SHEET BEND
Join 2 lines of
unequal thickness



ROUND TURN
TWO HALF
HITCHES
Line to post or
ring



BOWLINE
Non-slip loop
Used for tying jib sheets to sail



CLOVE HITCH
Tie a line to a post



FIGURE 8
Stopper knot – prevent a
line from pulling through

ANCHORING

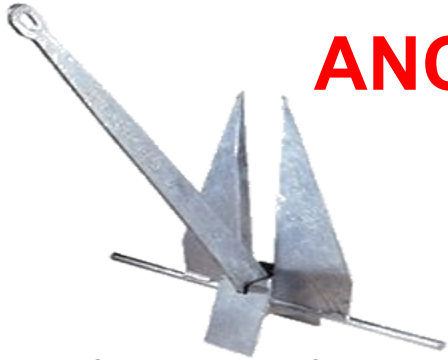
Pre Planned Anchoring vs and Emergency Anchoring



**Is your anchor rode
tied to the boat?**



ANCHORS – where they are most useful



Danforth - good for mud and sand.
Best in soft sea beds. Easy to stow,
light.



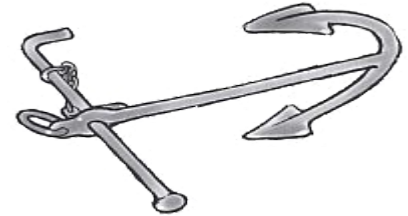
CQR (plough) – **best in mud or clay**
Difficult to stow.



Bruce— light weight, digs in well, **good all purpose anchor**, but does not work in weed.
Difficult to stow.



Grapnel – good on rock.
Useful for kedging.
Useless in sand.

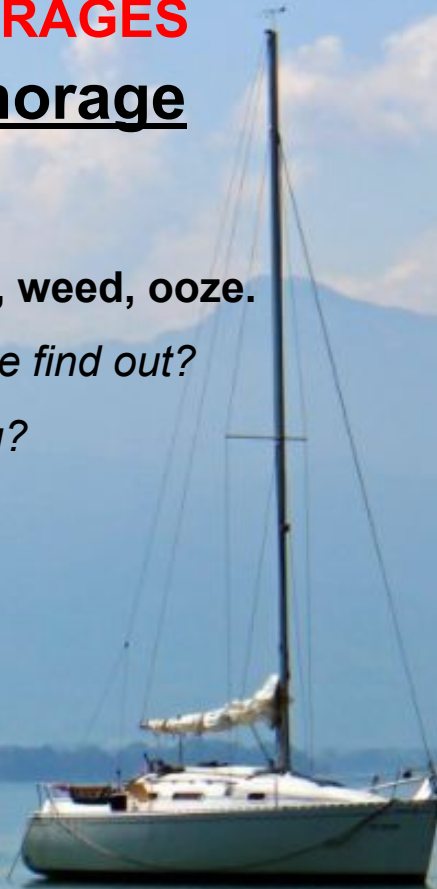


Fisherman/Navy – good in
mud, sand. Can get fouled.
Heavy.

ANCHORAGES

A Desirable Anchorage

- **Good holding bottom.**
 - Characteristics of sand, rock, mud, weed, ooze.
 - Nature of the Sea Bed - *How can we find out?*
 - *What is best sea bed for anchoring?*
 - *What is worst?*
- **Suitable depth [scope].**
 - At low tide
 - at high tide.

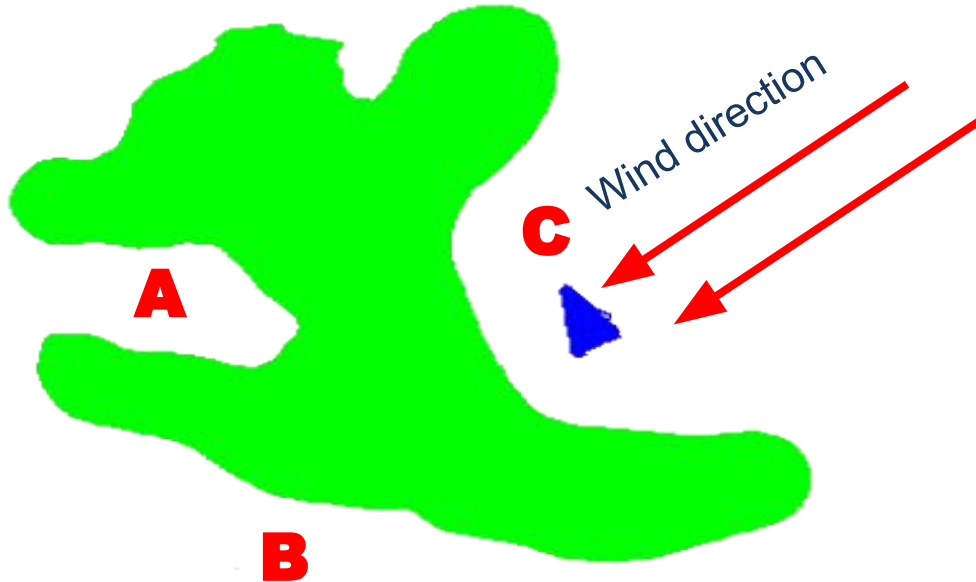


ANCHORAGE

Features of a Secure Anchorage

Shelter from Weather and Waves

Where is best spot to anchor? For lunch? Overnight?



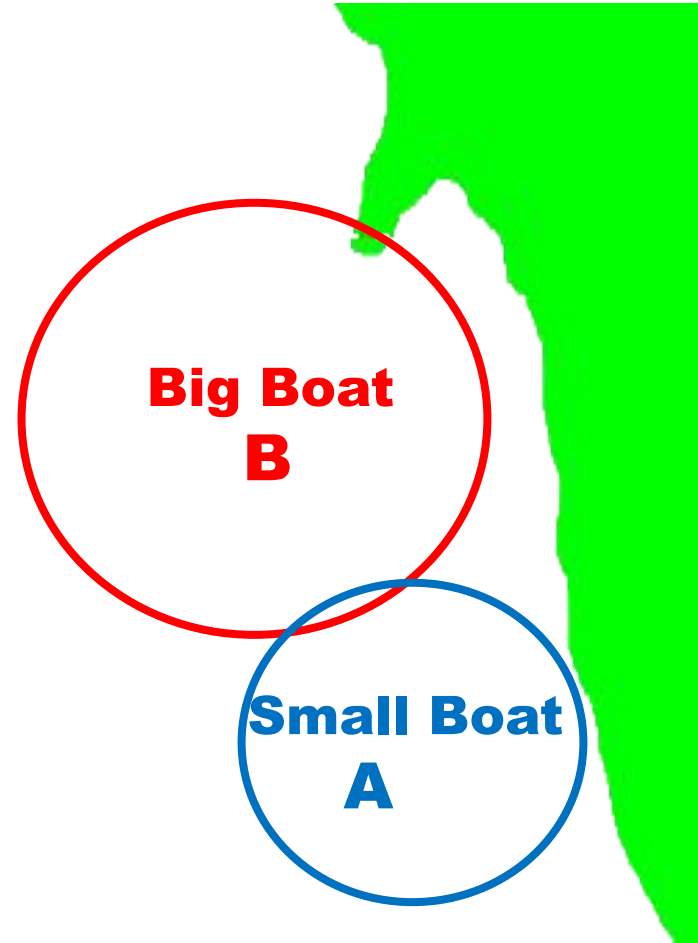
**Lee Shore = DANGER
of shipwreck**

ANCHORAGE

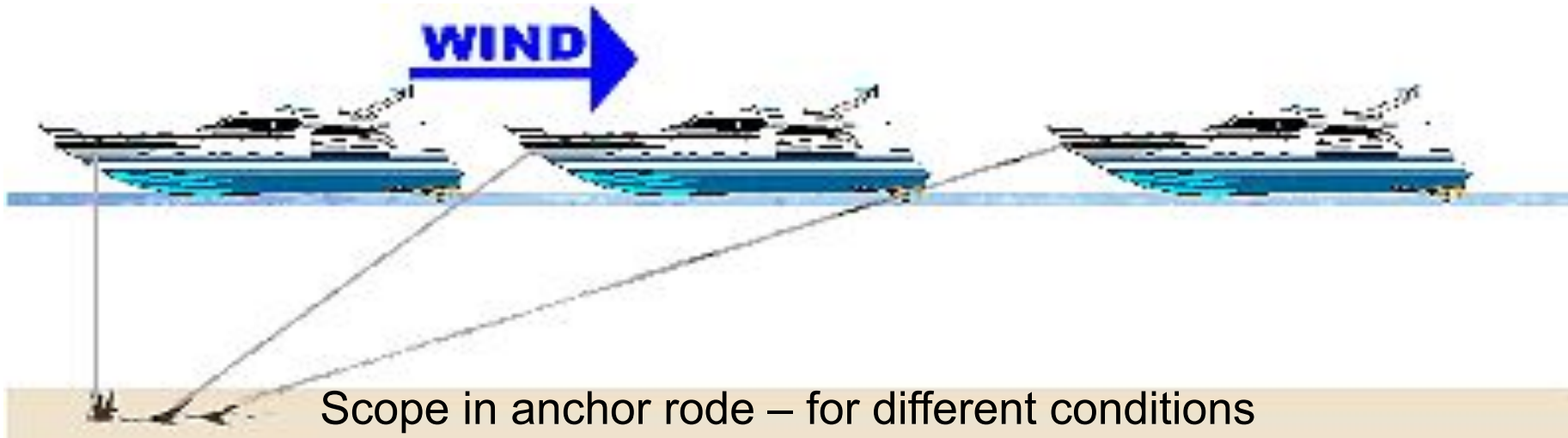
Features of a Secure Anchorage

Swing Room

1. What happens if wind shifts?
2. What happens if there are strong currents?



ANCHORING



RODE – use water depth plus freeboard, ratio:

Lunch - 3 to 1

Overnight - 5 to 1

Stormy - 7 to 1

5 times (depth + freeboard)

ANCHORING

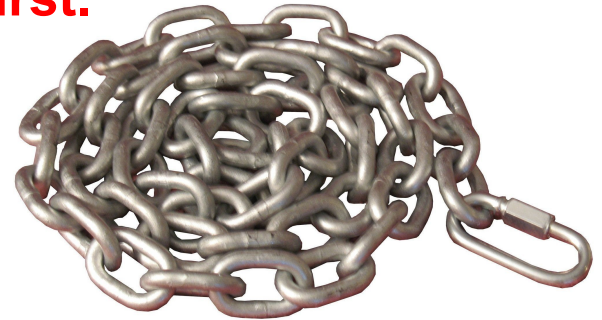
Holding Characteristics – How does an anchor work?



Most anchor rodes have a length of chain first.

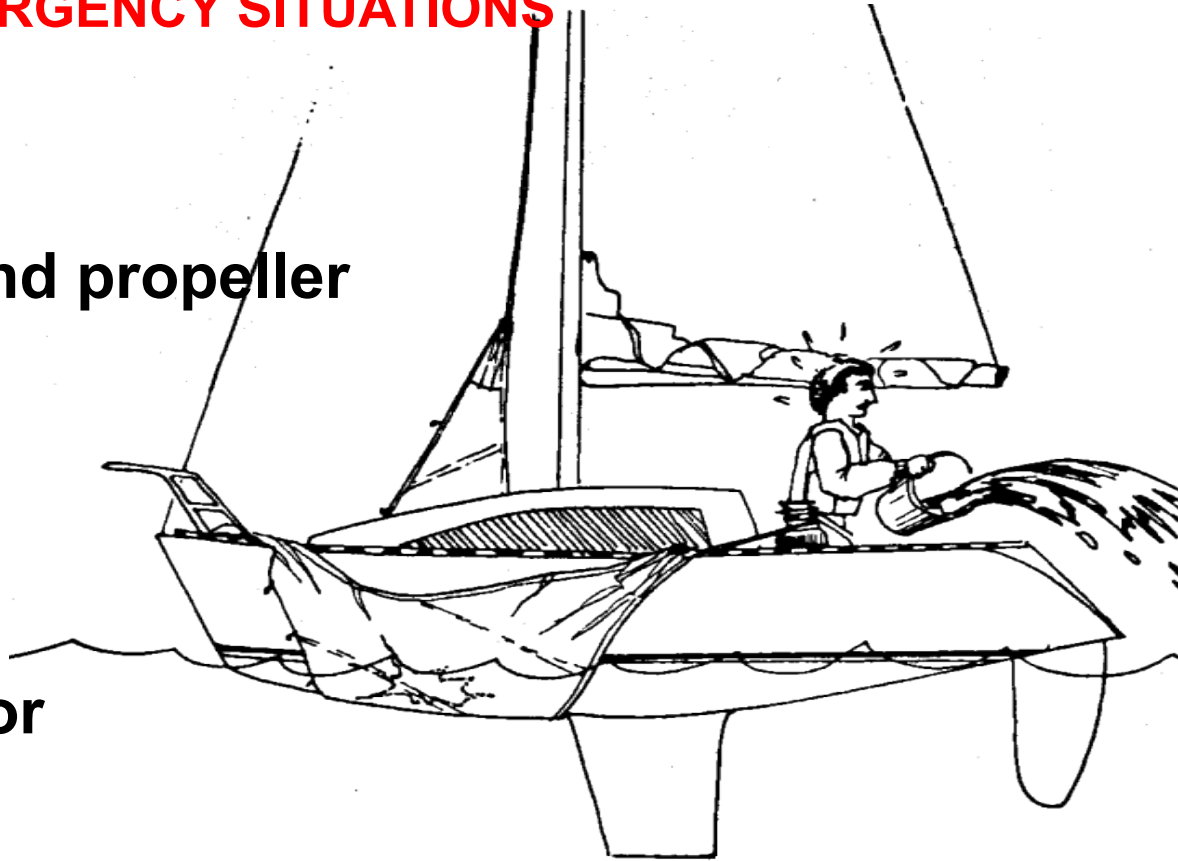
Benefits:

- Shock absorber
- Reduces chafing
- Extra Weight to help horizontal pull on the anchor



EMERGENCY SITUATIONS

- 1. Engine failure**
- 2. Line wrapped around propeller**
- 3. Steering failure**
- 4. Springing a leak**
- 5. Fire**
- 6. Grounding at anchor**



EMERGENCY SITUATIONS

CAPSIZING, SWAMPING, SINKING, GROUNDING

- Put on PFDs
- **Stay with the Boat**
- Account for everyone aboard
- Use Distress Signals!



Water Incidents - Key risk - **drowning!**



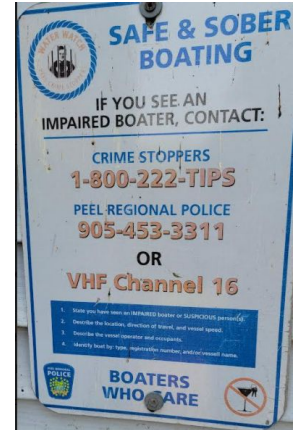
WEAR A PFD

THE BEST WAY TO AVOID DROWNING

Only 15% of persons who drowned were WEARING one

RISK FACTORS in DROWNINGS

1. Not wearing a PFD
2. Consuming alcoholic beverages is the next most common (.08 blood alcohol applies as on the road)



Other risk factors include

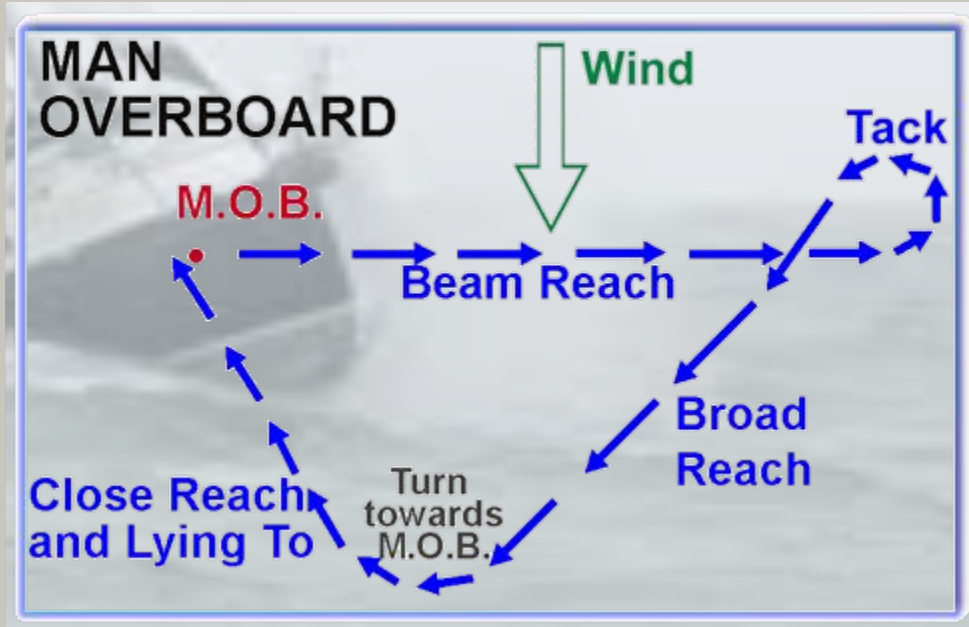
- cold water, currents and strong winds, rough water.
- **high risk behaviours** like abrupt turns, standing up in small boat.

EMERGENCY SITUATIONS

CREW OVERBOARD

Slow down

- Do not bring propeller close to COB
- Use heaving lines, life buoy, PFDs – beware of fouling propeller
- Assign tasks to crew members, spotter to continuously observe person in the water, others to handle safety equipment
- Use boarding ladder, swim platform, lifting sling to retrieve crew from water



Are there other methods? What about using power (engine)?

PRACTISE, PRACTISE, PRACTISE

STANDARD MARINE DISTRESS SIGNALS

MARINE RADIO

DISTRESS CALL

Use: 2182 kHz (MF) or
channel 16, 156.8 MHz (VHF)
DSC alert, channel 70 (only
for DSC type radios and
where the service is offered)



CALLING PROCEDURES

Mayday Immediate danger for persons or ship
Mayday
Mayday

Pan Pan Urgent message about the safety
Pan Pan of a person or ship
Pan Pan

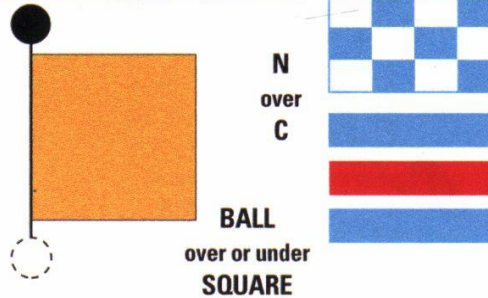
- Give vessel name and call sign
- State position of vessel
- Describe the emergency

EMERGENCY POSITION INDICATING RADIOBEACONS (EPIRBs)

Use alarm signal



CODE FLAGS



DISTRESS CLOTH

To attract attention:
spread on cabin or deck
top, or fly from mast.



ARM SIGNAL

Keep raising
and lowering
outstretched arms.



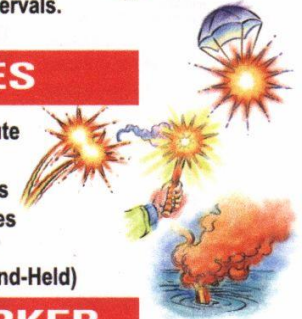
SOUND SIGNALS

Make continuous sound
with any fog-signalling
apparatus. Fire a signal
gun or other explosive
signal at one-minute intervals.

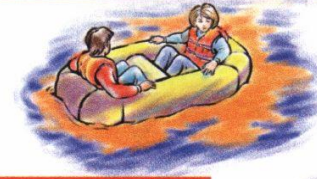


FLARES

Type A: Rocket Parachute
Flares
Type B: Multi-Star Flares
Type C: Hand-Held Flares
Type D: Smoke Signals
(Buoyant or Hand-Held)



DYE MARKER



FLASHLIGHT

Or other light source



VHF RADIO

Not required, but *highly desirable safety equipment*

- **call for assistance**
- listen to **weather reports**, **weather warnings**
- contact local marinas, the Coast Guard, and near-by vessels

- ☐ A Restricted Operators Certificate (Maritime) is required under Canadian law to operate a VHF radio
- ☐ Pleasure craft do not usually need a Station License
- ☐ *Scenario* – NO Certificate, but you have a genuine emergency - action?



VHF RADIO

Messages sent on VHF channel 16:



1. **Call for grave and imminent danger (Mayday-Mayday Mayday)**

(alternate on *some* providers - cell phone *16 or #16 – not as effective or reliable)

2. **Urgent messages concerning the safety of persons or vessels (Pan-Pan - Pan-Pan – Pan-Pan)**

In both scenarios, immediately give the following information:

- **the name of your boat; description**
- **your position;**
- **the nature of your problem; and**
- **the type of help you need.**

Post these guidelines near your radio.

For routine calls, contact the other vessel on Channel 16, then switch to a working channel – NOT Channel 16

3. **Safety messages containing navigational or meteorological warning (SECURITÉ)**

You may not interfere with a higher priority call

EMERGENCY SITUATIONS – RUNNING AGROUND



“Kedging” means using the anchor to move the boat

Other ideas for a small vessel?



Heel the vessel

EMERGENCY SITUATIONS – RUNNING AGROUND



Other ideas for a small vessel?

EMERGENCY SITUATIONS – RUDDER FAILURE

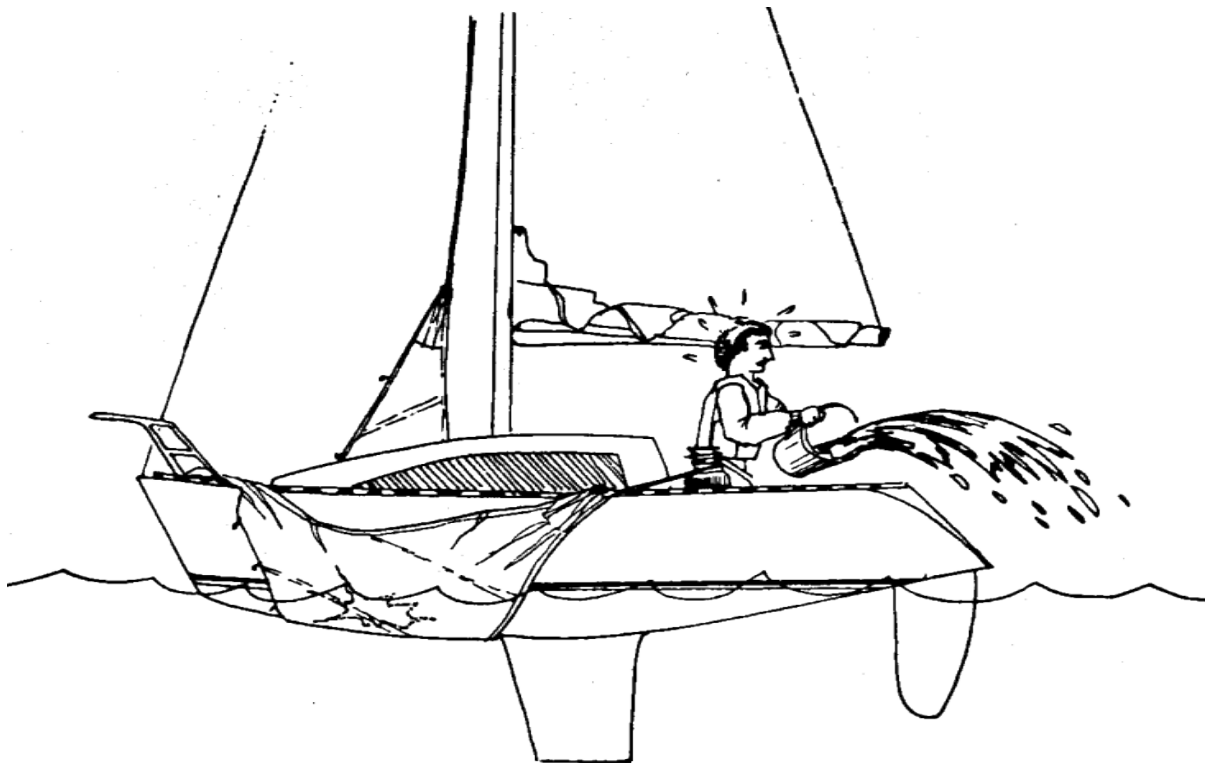


Jury rig a rudder

Drag object behind

Shortening the line on one
Side will pull the boat to
that side.

EMERGENCY SITUATIONS – SPRINGING A LEAK



COLD-WATER SHOCK

tip: HOLD YOUR BREATH when entering the water

Symptoms: elevated heart rate and involuntary rapid breathing, hyperventilating.

- can experience muscle spasm and elevated blood pressure, choke on water or suffer heart attack or stroke
- Cold water can paralyze your muscles instantly
- **Death from cold shock can occur in 3 – 5 minutes**
- Wearing a PFD can help you survive until cold shock dissipates

When the victim is retrieved:

- **Dry the person head to toe, then replace wet clothing with dry**
- **Must get victim out of cold water and into warm environment and monitor symptoms **while getting medical attention.** (Mayday)**

WHAT IS HYPOTHERMIA?

- **A lowering of the temperature of the body core** – the brain, the heart and vital organs located in the groin area.
- **Wearing a flotation device provides major benefits!**

general timeline for cold water:

1 minute: can no longer grab line – fine motor control lost

10 minutes: muscle control lost – only a PFD will keep the victim afloat

30 minutes: death from hypothermia



HYPOTHERMIA

WHY DOES IT MATTER?

- Severe hypothermia is life-threatening!
- Impacts your judgment
- Reduces your effectiveness as skipper or crew!
- You stop contributing and become a liability!

H.E.L.P. position



TREATMENT FOR HYPOTHERMIA

- a) Remove to better environment
- b) Dry the person head to toe, then replace wet clothing with dry
- c) Warm drink – no caffeine or alcohol, but only if patient can hold the cup
- d) Keep warm with blankets etc.

If person is not responding to treatment

- a) Subject requires immediate medical assistance
- b) Call MAYDAY
- c) Transport to nearest hospital



CARBON MONOXIDE POISONING

Colourless, odourless poisonous gas generated as a by-product of combustion

Sources on a boat include gas or diesel engines, fuel burning stoves and heaters and barbecues. If inadequate ventilation gases can build to toxic levels

Symptoms include headache, nausea, dizziness and fatigue and are sometimes confused with flu.

- Other symptoms include shortage of breath, chest pain, impaired judgment, vomiting, seizure and memory and walking problems
- Imperative that all potential sources of CO are well ventilated, and CO monitors installed on the vessel
- Swimmers should not swim in vicinity of engine exhaust

Remove the person from the environment and seek prompt medical attention

HEAT EXHAUSTION

- A **medical emergency** that can be fatal if not properly and promptly treated
- Symptoms of heat stroke are **similar to symptoms of heart attack**
- Can deteriorate from heat exhaustion to heat stroke

Symptoms include:

dizziness, headache, muscle cramps, high body temperature, absence of sweating, hot red or flushed skin, rapid pulse, difficulty breathing, strange behaviour or hallucinations, coma.

Treatment requires **immediate cooling** of victim and **immediate notification** of emergency services.

To prevent heat exhaustion:

- avoid dehydration and avoid vigorous physical activity in hot weather
- Replenish electrolytes

SEASICKNESS

Sensory conflict of information to the brain – typically happens when there is unexpected motion in different directions

Symptoms include:

Nausea, chills, shivering, cold sweats, inattention, confusion and vomiting

Continues seasickness may lead to concern for dehydration

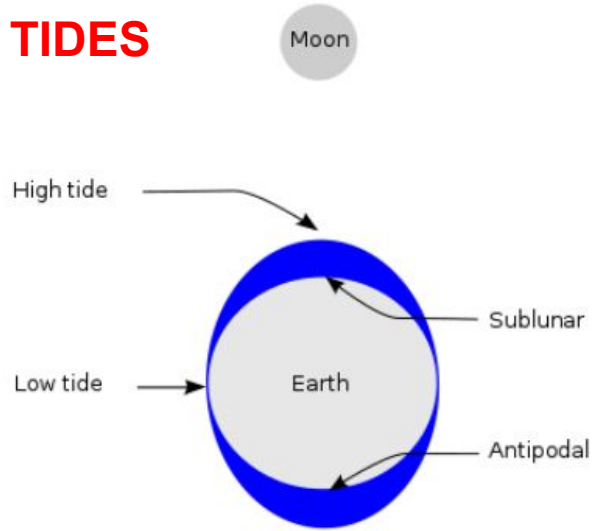
Sufferers may try to get off the vessel miles off shore so may require continual attention!

Try to take medication before the onset of seasickness

Provide sufferers with activity that requires them to look at the horizon

Over time symptoms should abate as body adjusts to vessel's motion

TIDES



Tides are the rise and fall of sea levels caused by the combined effects of the gravitational forces exerted by the Moon and the Sun, and the rotation of the Earth.



Tide tables can be used for any given locale to find the predicted times and amplitude (or "tidal range").

Basic Cruising

HALIFAX AST Z+4

Note: Table in Standard time
+1 hour for Daylight time

2019

TIDE TABLES

July-juillet

August-août

September-septembre

Day	Time	Metres	Feet	jour	heure	mètres	pieds	Day	Time	Metres	Feet	jour	heure	mètres	pieds	Day	Time	Metres	Feet	jour	heure	mètres	pieds
1	0043	0.2	0.7	16	0151	0.2	0.7	1	0201	0.0	0.0	16	0244	0.3	1.0	1	0319	-0.1	-0.3	16	0308	0.3	1.0
	0644	1.6	5.2		0742	1.7	5.6		0759	1.8	5.9		0842	1.7	5.6		0916	2.0	6.6		0915	1.7	5.6
MO	1247	0.5	1.6	TU	1409	0.5	1.6	TH	1414	0.3	1.0	FR	1455	0.5	1.6	SU	1553	0.1	0.3	MO	1527	0.4	1.3
LU	1842	1.9	6.2	MA	1942	1.8	5.9	JE	2005	2.0	6.6	VE	2045	1.8	5.9	DI	2132	1.9	6.2	LU	2132	1.7	5.6
2	0132	0.1	0.3	17	0232	0.2	0.7	2	0252	-0.1	-0.3	17	0315	0.3	1.0	2	0410	0.0	0.0	17	0336	0.4	1.3
	0731	1.7	5.6		0825	1.7	5.6		0850	1.9	6.2		0917	1.7	5.6		1003	2.0	6.6		0947	1.7	5.6
TU	1337	0.4	1.3	WE	1449	0.6	2.0	FR	1511	0.3	1.0	SA	1525	0.5	1.6	MO	1650	0.1	0.3	TU	1603	0.4	1.3
MA	1930	1.9	6.2	ME	2025	1.8	5.9	VE	2057	2.0	6.6	SA	2123	1.8	5.9	LU	2222	1.9	6.2	MA	2207	1.7	5.6
3	0221	0.0	0.0	18	0310	0.3	1.0	3	0342	-0.1	-0.3	18	0343	0.3	1.0	3	0504	0.1	0.3	18	0407	0.4	1.3
	0818	1.7	5.6		0906	1.7	5.6		0939	1.9	6.2		0951	1.7	5.6		1049	1.9	6.2		1019	1.7	5.6
WE	1429	0.4	1.3	TH	1525	0.6	2.0	SA	1610	0.2	0.7	SU	1557	0.5	1.6	TU	1748	0.2	0.7	WE	1643	0.4	1.3
ME	2020	2.0	6.6	JE	2107	1.8	5.9	SA	2148	2.0	6.6	DI	2159	1.7	5.6	MA	2311	1.7	5.6	ME	2242	1.6	5.2
4	0311	0.0	0.0	19	0345	0.3	1.0	4	0435	-0.1	-0.3	19	0411	0.4	1.3	4	0602	0.2	0.7	19	0444	0.5	1.6
	0907	1.8	5.9		0945	1.7	5.6		1028	1.9	6.2		1024	1.7	5.6		1135	1.9	6.2		1053	1.7	5.6
TH	1524	0.4	1.3	FR	1559	0.6	2.0	SU	1710	0.3	1.0	MO	1634	0.5	1.6	WE	1846	0.2	0.7	TH	1729	0.5	1.6
JE	2110	2.0	6.6	VE	2147	1.8	5.9	DI	2238	1.9	6.2	LU	2234	1.7	5.6	ME				JE	2320	1.6	5.2
5	0402	0.0	0.0	20	0417	0.4	1.3	5	0529	0.0	0.0	20	0442	0.4	1.3	5	0000	1.6	5.2	20	0531	0.6	2.0
	0956	1.8	5.9		1022	1.7	5.6		1116	1.9	6.2		1058	1.7	5.6		0702	0.4	1.3		1129	1.7	5.6
FR	1624	0.4	1.3	SA	1634	0.7	2.3	MO	1811	0.3	1.0	TU	1716	0.6	2.0	TH	1222	1.7	5.6	FR	1823	0.5	1.6
VE	2200	1.9	6.2	SA	2226	1.7	5.6	LU	2329	1.8	5.9	MA	2310	1.6	5.2	JE	1945	0.3	1.0	VE			
6	0456	0.0	0.0	21	0449	0.4	1.3	6	0626	0.1	0.3	21	0519	0.5	1.6	6	0053	1.5	4.9	21	0001	1.6	5.2
	1046	1.8	5.9		1059	1.7	5.6		1203	1.8	5.9		1132	1.7	5.6		0803	0.5	1.6		0631	0.7	2.3
SA	1726	0.4	1.3	SU	1715	0.7	2.3	TU	1912	0.3	1.0	WE	1805	0.6	2.0	FR	1314	1.6	5.2	SA	1212	1.7	5.6

Tide tables

Note: Tables are in Standard time +1 hour for Daylight time

August 17

At 0315 Standard time – low tide – 0.3m

At 0917 Standard time – high tide – 1.7m

At 1525 Standard time – low tide – 0.5m

At 2123 Standard time – high tide – 1.8m

jour	heure	mètres	pieds
16	0244	0.3	1.0
	0842	1.7	5.6
	FR 1455	0.5	1.6
	VE 2045	1.8	5.9
17	0315	0.3	1.0
	0917	1.7	5.6
	SA 1525	0.5	1.6
	SA 2123	1.8	5.9

Basic Cruising

SEYMOUR NARROWS PST Z+8

2019

CURRENT TABLES

July-juillet

August-aout

September-septembre

Turn = zero current

Turns		Maximum		renverse		maximum		Turns		Maximum		renverse		maximum		Turns		Maximum		renverse		maximum	
Day	Time	Time	Knots	jour	heure	heure	noeuds	Day	Time	Time	Knots	jour	heure	heure	noeuds	Day	Time	Time	Knots	jour	heure	heure	noeuds
1	0315	0041	+6.4	16	0412	0132	+7.0	1	0440	0158	+8.2	16	0532	0239	+7.9	1	0018	0310	+11.9	16	0024	0317	+9.8
MO	0954	0654	-11.0	TU	1036	0740	-11.4	TH	1106	0809	-12.4	FR	1141	0848	-10.6	SU	0614	0927	-13.2	MO	0627	0937	-10.1
LU	1651	1313	+13.4	MA	1733	1357	+13.6	JE	1106	1423	+14.9	FR	1141	1453	+12.0	SU	1226	1529	+13.5	MO	1234	1529	+9.7
2259	1955	2036	-10.3	MA	1733	2036	-11.3	JE	1754	2100	-12.5	VE	1818	2127	-11.2	DI	1842	2154	-13.7	LU	1837	2153	-10.6
2	0401	0126	+6.9	17	0459	0217	+7.1	2	0007	0244	+9.0	17	0034	0315	+8.1	2	0059	0355	+12.2	17	0055	0351	+9.9
TU	1036	0737	-11.6	WE	1118	0824	-11.0	FR	0531	0854	-12.7	SA	0611	0925	-10.1	MO	0704	1013	-12.6	TU	0705	1014	-9.5
MA	1733	1355	+14.3	ME	1118	1438	+13.3	FR	1151	1506	+14.8	SA	1218	1527	+11.3	MO	1313	1612	+12.2	TU	1312	1603	+8.7
2345	2038	2117	-11.1	ME	1812	2117	-11.3	VE	1834	2141	-13.0	SA	1850	2200	-10.9	LU	1921	2236	-13.1	MA	1905	2224	-10.0
3	0447	0211	+7.3	18	0028	0259	+7.0	3	0049	0330	+9.7	18	0107	0351	+8.1	3	0141	0442	+12.0	18	0128	0429	+9.7
WE	1118	0820	-11.9	TH	0544	0905	-10.5	SA	0622	0941	-12.5	SU	0650	1002	-9.5	TU	0756	1102	-11.4	WE	0747	1053	-8.7
ME	1814	1438	+14.8	TH	1158	1517	+12.7	SA	1238	1550	+14.2	SU	1255	1601	+10.4	MA	1403	1658	+10.4	WE	1353	1640	+7.6
4	0029	0258	+7.6	JE	1849	2156	-11.1	SA	1913	2223	-13.0	DI	1920	2233	-10.3	MA	2001	2319	-12.1	ME	1936	2259	-9.3
0536	0905	0946	-9.7	19	0109	0341	+6.8	4	0132	0418	+10.1	19	0141	0427	+8.0	4	0227	0532	+11.4	19	0205	0511	+9.3
TH	1203	1522	+14.8	FR	0628	0946	-9.7	SU	0716	1029	-11.8	MO	0730	1040	-8.7	WE	0853	1154	-9.9	TH	0834	1138	-7.7
JE	1857	2204	-12.0	FR	1237	1554	+11.8	SU	1326	1635	+13.0	MO	1333	1636	+9.3	ME	1457	1748	+8.5	TH	1441	1723	+6.2
5	0115	0346	+7.8	VE	1925	2234	-10.6	DI	1954	2306	-12.7	LU	1950	2306	-9.7	ME	2045			JE	2012	2339	-8.5
0628	0953	1026	-8.7	20	0148	0423	+6.6	5	0217	0508	+10.2	20	0216	0506	+7.8	5		0007	-10.8	20	0248	0601	+8.9
FR	1249	1608	+14.2	SA	0712	1026	-8.7	MO	0812	1120	-10.8	20	0814	1120	-7.7	TH	0317	0628	+10.5	20	0930	1232	-6.7
VE	1940	2248	-12.0	SA	1317	1632	+10.6	LU	1417	1723	+11.4	TU	1414	1714	+8.0	JE	0955	1254	-8.4	FR	1540	1816	+4.9
6	0202	0437	+8.0	SA	1959	2312	-10.0	LU	2036	2352	-12.1	MA	2021	2342	-9.0	MA	1600	1845	+6.6	VE	2055		
0724	1043	1108	-7.7	21	0228	0505	+6.3	6	0305	0602	+10.0	21	0254	0550	+7.6	21	2134			21		0028	-7.7
SA	1339	1657	+13.1	21	0758	1108	-7.7	6	0913	1216	-9.5	21	0904	1206	-6.7	6		0102	-9.4	21	0340	0701	+8.4
				SU	1357	1711	+9.4	TU	1513	1816	+9.6	WE	1502	1757	+6.7	FR	1104	1404	+7.3	SA	1036	1339	+6.1

Turn (renverse)= reversal of direction, near zero current

renverse		maximum	
jour	heure	heure	noeuds
16		0239	+7.9
	0532	0848	-10.6
	FR 1141	1453	+12.0
	VE 1818	2127	-11.2
17	0034	0315	+8.1
	0611	0925	-10.1
	SA 1218	1527	+11.3
	SA 1850	2200	-10.9

+ is a flood current - into shore

- is an ebb current - away from shore

Current Tables

August 17

Turns: (reversal of direction, near zero current)

0034 hrs standard time and

0611 hrs standard time

1218 hrs standard time

1850 hrs standard time

Maximums:

0315 hrs standard, 8.1 knots flood current (+)

0925 hrs standard, 10.1 knots ebb current (-)

01527 hrs standard, 11.3 knots flood current (+)

2200 hrs standard, 10.9 knots ebb current (-)

Note: Tables are in Standard time +1 hour for Daylight time

Keep a lookout!

It's the law